

SHAKER



1892

Alm

CHURCH DAYS AND CYCLES OF TIME, 1892.

| | | | | | |
|---------------------------|----------|-----------------------------|----------|----------------------------------|---------|
| Epiphany..... | Jan'y 6 | Easter Sunday..... | April 17 | Domical Letters..... | C and B |
| Septuagesima Sunday | Feb'y 14 | Low Sunday..... | " 24 | Epact | 1 |
| Sexagesima Sunday | " 21 | Rogation Sunday..... | May 22 | Golden Number | 12 |
| Quinquagesima Sunday..... | " 28 | Ascension Day | " 26 | Solar Cycle | 25 |
| Ash Wednesday | March 2 | Whit-Sunday, Pentecost..... | June 5 | Roman Indiction..... | 5 |
| Quadragesima Sunday | " 6 | Trinity Sunday | " 12 | Julian Period | 6855 |
| Mid-Lent | " 27 | Corpus Christi | " 16 | The year 5653 of the Jewish Era | |
| Palm Sunday | April 10 | Advent Sunday | Nov. 27 | begins at sunset Sept. 21, 1892. | |
| Good Friday | " 15 | Christmas Day | Dec. 25 | | |

EMBER DAYS, 1892.

| | |
|--|--|
| Wednesday, Friday and Saturday, March 9, 11 & 12. | Wednesday, Friday and Saturday, June 8, 10 & 11 |
| Wednesday, Friday and Saturday, Sept. 21, 23 & 24. | Wednesday, Friday and Saturday, Dec. 14, 16 & 17 |

Seasons for 1892.—EASTERN STANDARD TIME.

| | | D. | H. | M. | | D. | H. | M. |
|--------------------|-----------------|----|----|----|----------------|----|----|----|
| Winter begins..... | 1891, December | 21 | 9 | 31 | Evening; lasts | 89 | 0 | 43 |
| Spring | 1892, March | 19 | 10 | 4 | Evening; lasts | 92 | 20 | 2 |
| Summer | 1892, June | 20 | 6 | 16 | Evening; lasts | 93 | 14 | 35 |
| Autumn | 1892, September | 22 | 8 | 51 | Morning; lasts | 69 | 18 | 20 |
| Winter | 1892, December | 21 | 3 | 11 | Morning. | | | |
| | | | | | Trp. yr. 365 | 5 | 40 | |

PLANETS REGARDED AS MORNING AND EVENING STARS, 1892.

Morning Stars.

MERCURY, from the beginning of the year to March 6, and from April 19 to June 20, and from August 25 to October 7, and from December 11 to the end of the year.

VENUS, until July 9.

Evening Stars.

MERCURY, from March 6 to April 19, and from June 20 to August 25, and from October 7 to December 11.

VENUS, from July 9 to the end of the year.

Planets Brightest or Best Seen in 1892.

MERCURY, January 19, before Sunrise; March 31, after Sunset; May 17, before Sunrise; July 29, after Sunset; September 11, before Sunrise; November 23, after Sunset; December 31, before Sunrise. VENUS, April 29, before Sunrise, at greatest elongation, E 45° 34', and on June 2, at greatest brilliancy, before Sunrise. MARS, at Opposition August 4. JUPITER, at Opposition October 12. SATURN, at Opposition March 16. URANUS, at Opposition April 23. NEPTUNE, at Opposition December 1.

ECLIPSES IN 1892.

There are two of the Sun and two of the Moon.

The total eclipse of the Sun, on October 20, is visible in the United States, visible in the South Pacific and South America.

The partial eclipse of the Sun, on November 1, is visible in the eastern part of the United States, the day before the end of the Eclipse.

The total eclipse of the Moon, on January 9, is visible in most parts of the United States as follows:

At the point of visibility for this eclipse, the moon's

The eclipse begins Oct. 20, 10h. 41m., morn., Central Standard Time; Eclipse ends 1h. 26m., eve., Central Standard Time.

The eclipse begins Oct. 20, 10h. 41m., morn., Central Standard Time; Maximum Phase is at 1h. 26m., eve., Central Standard Time.

The eclipse begins Oct. 20, 10h. 41m., morn., Central Standard Time; Maximum Phase is at 1h. 26m., eve., Eastern Standard Time. The greatest mag-

The eclipse begins Oct. 20, 10h. 41m., morn., Central Standard Time; Maximum Phase is at 1h. 26m., eve., Eastern Standard Time. The greatest mag-

The eclipse begins Oct. 20, 10h. 41m., morn., Central Standard Time; Maximum Phase is at 1h. 26m., eve., Eastern Standard Time. The greatest mag-

"I'd Give a Million Dollars!"

We quote the following from the New York Tribune of December 18, 1890. The person referred to is a wealthy coal mine owner. He was also, until within a year past, a leading turfman and proprietor of a famous racing stable. Being asked by the reporter why he had withdrawn from the turf, he replied, "I retired simply on account of my ill health. It was impossible for me to give my stable personal attention, and equally impossible to get anyone to look after it properly. Therefore I gave it up. If I were well I might think otherwise. A sick man and a well man take different views of things."

The Tribune's report goes on to say: "Mr. Scott leaned heavily on a stout stick while he spoke, and his face was drawn with pain. In further conversation as to the nature of his malady he exclaimed, 'I'd give a million dollars for a stomach.' Indeed, he looked as though that department of his system had caused him great misery. He never eats a square meal."

Now, what is the matter with this man? He offers a large fortune for a very simple thing, which he, in common with everybody else, is already supposed to possess. Yet the point is here: We never know what some things are worth until we lose them; we never miss the water till the well runs dry. In that case every drop rises to the value of a diamond. So long as he could eat and drink freely and without inconvenience, his friend never gave a thought to the question of a stomach; in fact, he never considered whether his internal machinery included such an article or not.

But when every mouthful made him sick, and every square meal was followed by such distress that he felt like one under sentence of death; why, then he realized that life had suddenly lost all its charms.

What does this mean? What makes a stomach in good working order worth a million dollars? We will show you.

First of all, try to get this fact firmly fixed in your mind; namely, that *the human body is nothing more or less than a machine to digest food*. Taking every function and every power into account, that is absolutely all there is of it; all that it is for. Hour by hour, day by day, the body is constantly worn away and as constantly rebuilt, but always with decreasing vigor and decreasing completeness. When the digestion can no longer supply what is worn out and lost, and can no longer patch up the places where the walls tumble down, *then* a man dies, as a fire does when there is no more fuel. At the head of this process, and the most important link in it, is the living, nervous sac, or bag, called the stomach. When all is well with the stomach, all is well with the rest of the body. When anything is wrong with the stomach, things are wrong with the rest of the body, *from head to heel*.

Maybe you do not believe this, and it is almost certain you do not understand it. The ignorance of the people as to how they are made, and what health depends upon, *is appalling*. This ignorance it is which fills the world with sights and sounds of suffering, and makes us as familiar with death as we are with each other's faces.

God have mercy upon us! What self-destroying fools we are!

We will give you one fact. It must be stated curtly and briefly, and to comprehend it you must read what we say closely and with strict attention: *The condition and action of every organ and function of the human system depends entirely and absolutely upon the condition and action of the stomach*. Now, there is only one thing that can happen to the stomach; it can refuse, either partially

or entirely, to digest the food it receives. When it does refuse, every other organ which stands behind it along the line is disordered and damaged. The liver, the kidneys, the bladder, the bowels, the heart, the lungs, the brain, the skin, and the nerves, at once feel the disaster which has befallen their chief.

The poisonous acids and gases engendered by the corrupt and fermenting food in the stomach penetrate to every part of the body and cause pain and illness everywhere. The *liver* ceases to secrete bile from the blood and send it to the intestines to promote the work of digestion there; the *kidneys* are unable to throw off from the system the poisonous and deadly uric acid, which then combines with such alkalies as it finds in the blood and produces the dangerous and agonizing complaint called the *gravel*; the same acid, which is an insoluble solid, then lodges in the joints and muscles, causing the tortures of *rheumatism and gout*; the *bowels* are clogged with refuse from the stomach which they are unable to expel, causing cramps, bloating, a sense of heaviness and deadness, and painful and incurable hemorrhoids or piles. The *heart*, which is located just above the stomach, flutters and palpitates frightfully by reason of the pressure against it of the stomach, which is distended by gas arising from the fermentation of its own contents. The *lungs*, affected by the poisoned blood which passes through them, act badly, and the sufferer often has spasms of asthma in which he can with difficulty get his breath. The *brain and nervous system*, by means of which every action of the body takes place, is dulled and half paralyzed by lack of nourishment and by the effect upon it of the same poison which has thrown into confusion all the other organs.

There is frequent and sometimes incessant headache, the skin is either dry and hot, or cold and moist, but never warm and

moist as in health; a nauseous wind or gas comes up into the throat, attended with a sour and pungent acid that sickens the patient; he is often attacked with dizziness, especially on rising suddenly from a chair or from a recumbent position; the mind, sympathizing with the state of the body in which it dwells, becomes sad, gloomy, depressed and morose, and insanity often follows. There is no longer any ambition for work. Fear and dread stand in the way of all thoughts of engaging in new enterprises; pleasures and delights are remembered only as a dying man may recall the sports of his boyhood; and, in short, the human animal, once so strong in body and so god-like in faculties, so patient to endure and so courageous to fight, *staggers* along the road to the grave like a fugitive from an army that has been almost annihilated in battle. He seems to himself to be the sole survivor of some horrible Waterloo.

This is but a faint, imperfect picture of the nature and consequences of *indigestion and dyspepsia*—a disease (virtually the only disease there is) which in some stage of its progress has victimized three quarters of the people of all civilized nations.

This is the truth. The man who does not know it has not seen his neighbors, does not know himself. The world is wild with pain and melancholy with wrecks of men and women who should be well, strong and happy.

To recover his lost health is why Mr. Scott was willing, out of the abundance of his riches, to give a million dollars for a stomach.

Yet not the rich alone are victims of this one prevailing disease; the poor also fall by myriads under its stroke.

What can be done? The following pages answer that question. The reader will notice that most of the statements in this book are given under the sanction of declarations before a magistrate. The persons who made

(Continued on page 4.)

Should be Killed.

That Philadelphia doctor is right. He calls it "That hydra-headed monster, Constipation." But he doesn't tell us in his book how to kill that same monster. Therefore, we will supplement that omission. Use Shaker Family Pills.

A Good Combination.

Reporter—Here is my account of the wedding of that Boston man to the Chicago girl.

Editor—Have you put a head on it?

Reporter—Certainly. "Pork and Beans."

Who Gets Them Finally.

A disagreeable truth, but still a truth: There is an enormous quantity of foul, rotten, and unclean matter within most people's bodies—especially those of careless women. No wonder they're always sick—the natural prey of doctors and undertakers. A few doses of Shaker Family Pills, and a trifle more fresh air. Let them look to it right away.



Wrong Creeds—Wrong Deeds.

Now, don't make any mistake, for wrong creeds lead to wrong deeds. We have said a thousand times that rheumatism, gout, and other painful diseases of the muscles, originate in indigestion and dyspepsia. And so they do. Hence no merely external application can permanently and radically cure them. But, on the other hand, some of the existing poison of rheumatism can be attracted to the surface—especially in case of lumbago and rheumatism of the back and chest—and so disposed of through the skin. Herein the great assistant to Seigel's Syrup (Shaker Extract) are the Shaker Soothing Plasters, and the two remedies should, when possible, be used in connection with each other.

Sound Principles.

Jackson—Did you ever think that the telephone couldn't help being a success when once it was discovered?

Bobson—How is that?

Jackson—Because its principles are sound.

1st MONTH.

JANUARY, 1892

31 DAYS.

| Day Tr. | Day Mo. | Day Wk. | Eastern States, Northern part of New York, Mich., Wis., Ia., Minn., Neb., Dakota, Oregon, Wyo., Mont., Wash., and Idaho. | | | New York, New Jersey, Penn., Md., Va., West Va., Mo., Ohio, Ind., Ill., Ky., Kans., Neb., Col., Utah, Nevada, Upper Cal. | | | | N. and S. Carolina, Tex., Tenn., Ga., N. Mex., Florida, Ala., La., Ark., Miss., Ariz., Middle and Southern Cal., Indian Ter. | | | MOON'S PHASES. | EASTERN DIVISION. | CENTRAL DIVISION. |
|---------|---------|---------|--|-----------|------------|--|-----------|------------|-------------|--|-----------|------------|----------------|-------------------|-------------------|
| | | | Sun Rises. | Sun Sets. | Moon Sets. | Sun Rises. | Sun Sets. | Moon Sets. | High Water. | Sun Rises. | Sun Sets. | Moon Sets. | | | |
| 1 | | | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | | | |
| 2 | 1 | F | 7 30 | 4 38 | 6 13 | 7 24 | 4 43 | 6 19 | 9 48 | 6 56 | 5 11 | 6 51 | | | |
| 3 | 2 | S | 7 30 | 4 39 | 7 25 | 7 24 | 4 44 | 7 30 | 10 34 | 6 57 | 5 12 | 7 56 | | | |
| 4 | 3 | M | 7 30 | 4 40 | 8 42 | 7 24 | 4 45 | 8 45 | 11 21 | 6 57 | 5 13 | 9 4 | | | |
| 5 | 4 | T | 7 30 | 4 41 | 9 57 | 7 24 | 4 46 | 9 59 | morn. | 6 57 | 5 14 | 10 10 | | | |
| 6 | 5 | W | 7 30 | 4 42 | 11 11 | 7 24 | 4 47 | 11 12 | 0 8 | 6 57 | 5 14 | 11 16 | | | |
| 7 | 6 | T | 7 30 | 4 43 | morn. | 7 24 | 4 48 | morn. | 0 57 | 6 57 | 5 15 | morn. | | | |
| 8 | 7 | F | 7 29 | 4 44 | 0 25 | 7 24 | 4 49 | 0 24 | 1 50 | 6 57 | 5 16 | 0 20 | | | |
| 9 | 8 | S | 7 29 | 4 45 | 1 38 | 7 24 | 4 50 | 1 36 | 2 45 | 6 57 | 5 17 | 1 24 | | | |
| 10 | 9 | M | 7 29 | 4 46 | 2 53 | 7 24 | 4 51 | 2 50 | 3 50 | 6 57 | 5 18 | 2 30 | | | |
| 11 | 10 | T | 7 29 | 4 47 | 4 8 | 7 24 | 4 52 | 4 3 | 4 53 | 6 58 | 5 19 | 3 36 | | | |
| 12 | 11 | W | 7 29 | 4 48 | 5 21 | 7 24 | 4 53 | 5 15 | 5 55 | 6 58 | 5 19 | 4 42 | | | |
| 13 | 12 | T | 7 28 | 4 49 | 6 27 | 7 23 | 4 54 | 6 21 | 6 57 | 6 58 | 5 20 | 5 46 | | | |
| 14 | 13 | F | 7 28 | 4 50 | rises. | 7 23 | 4 55 | rises. | 7 56 | 6 53 | 5 21 | rises. | | | |
| 15 | 14 | S | 7 27 | 4 51 | 5 19 | 7 23 | 4 56 | 5 25 | 8 48 | 6 57 | 5 22 | 6 1 | | | |
| 16 | 15 | M | 7 27 | 4 52 | 6 26 | 7 22 | 4 57 | 6 32 | 9 29 | 6 57 | 5 22 | 7 2 | | | |
| 17 | 16 | T | 7 27 | 4 53 | 7 32 | 7 22 | 4 58 | 7 37 | 10 5 | 6 57 | 5 23 | 8 0 | | | |
| 18 | 17 | W | 7 26 | 4 55 | 8 36 | 7 22 | 4 59 | 8 39 | 10 47 | 6 57 | 5 24 | 8 56 | | | |
| 19 | 18 | F | 7 26 | 4 56 | 9 38 | 7 21 | 5 0 | 9 40 | 11 23 | 6 57 | 5 25 | 9 50 | | | |
| 20 | 19 | S | 7 25 | 4 57 | 10 38 | 7 20 | 5 2 | 10 39 | 12 0 | 6 56 | 5 26 | 10 43 | | | |
| 21 | 20 | M | 7 24 | 4 58 | 11 41 | 7 20 | 5 3 | 11 38 | eve 38 | 6 56 | 5 27 | 11 35 | | | |
| 22 | 21 | T | 7 24 | 4 59 | morn. | 7 19 | 5 4 | morn. | 1 18 | 6 56 | 5 28 | morn. | | | |
| 23 | 22 | W | 7 23 | 5 1 | 0 36 | 7 19 | 5 5 | 0 36 | 2 3 | 6 56 | 5 28 | 0 27 | | | |
| 24 | 23 | F | 7 22 | 5 2 | 1 42 | 7 18 | 5 6 | 1 39 | 3 9 | 6 55 | 5 29 | 1 24 | | | |
| 25 | 24 | S | 7 21 | 5 3 | 2 47 | 7 18 | 5 7 | 2 43 | 3 54 | 6 55 | 5 30 | 2 21 | | | |
| 26 | 25 | M | 7 21 | 5 4 | 3 53 | 7 17 | 5 9 | 3 48 | 4 54 | 6 55 | 5 31 | 3 21 | | | |
| 27 | 26 | T | 7 20 | 5 6 | 4 59 | 7 17 | 5 10 | 4 53 | 5 55 | 6 54 | 5 32 | 4 22 | | | |
| 28 | 27 | W | 7 19 | 5 7 | 6 2 | 7 16 | 5 11 | 5 55 | 6 59 | 6 53 | 5 33 | 5 22 | | | |
| 29 | 28 | F | 7 18 | 5 8 | sets. | 7 15 | 5 12 | sets. | 7 56 | 6 53 | 5 34 | sets. | | | |
| 30 | 29 | S | 7 17 | 5 10 | 5 5 | 7 14 | 5 13 | 5 11 | 8 48 | 6 52 | 5 35 | 5 40 | | | |
| 31 | 30 | M | 7 16 | 5 11 | 6 23 | 7 13 | 5 15 | 6 27 | 9 32 | 6 52 | 5 35 | 6 49 | | | |
| | 31 | T | 7 15 | 5 12 | 7 41 | 7 12 | 5 16 | 7 44 | 10 16 | 6 51 | 5 36 | 8 8 | | | |

Charles Lamb says he knew of two persons who never saw each other before in their lives and yet when they met instantly began to fight. This was a case of natural antipathy—like that between strange cats and dogs. The only sweetener of the temper is a good digestion. Even philosophy and religion have no show against constipation and a torpid liver. Inference: Try the soothing properties of Shaker Family Pills.

them did this of their own accord, with no other motive than the high and noble one of inducing others to resort to the same means of cure. They have neither fame nor money to gain by it, and hence their statements are entitled to all the weight and confidence given to human testimony *when presented in a Court of Justice under circumstances of perfect impartiality and solemnity.*

With these remarks we submit this little volume of strange tales to the people, being persuaded that the facts here recorded will be accepted for what they are—the *very truth from honest men and women*—and not false guides to betray the suffering and unwary. To conclude, let us remember that *in the pure light of truth and knowledge nothing is great and nothing small*, and that those who give Seigel's Syrup (Shaker Extract) a fair trial, may regain their lost health for only a little money. For this remedy is the friend of all, and no great fortune is needed to pay for all its helpful offices.

How You May Know What Ails You.

Indigestion and dyspepsia is so easily mistaken for other diseases, and therefore wrongly treated, that we repeat some of the leading symptoms. By observing these signs you cannot go astray, and need not

waste time and money in trying to cure complaints from which you are not suffering: A feeling of distress after eating, with heaviness and deadness of the stomach; sickness and nausea; pains in the head, chest, sides and back; sometimes shifting from place to place; bad taste in the mouth and rising of offensive gas from the stomach; dizziness, as though you were going to fall; costiveness and irregularity of the bowels; yellow color of the eyes and skin; cold hands and feet; palpitation and heartburn; variable appetite, sometimes hungry and then loathing the very thought of food; sick headache; ringing in the ears; spots before the eyes; flashes of heat across the body; difficulty in passing the urine, which is often of a high color, and leaves a sediment on standing; trouble of mind and vague fears for the future without being able to give a reason; restlessness, "the fidgets," poor sleep, unpleasant dreams; desire to avoid company; loss of ambition and dislike for work; a tired and weary feeling that is not relieved by rest; dry and scurfy skin; aching of the arms and legs, and soreness of the muscles.

On the appearance of any of these symptoms, an early and faithful use of Seigel's Syrup (Shaker Extract) will save you from serious consequences. Walk in the light, and you will not fall into pits.

An Astonishing Statement.

Mr. Elon Mitchell, gas-fitter, 11 Lewis street, Great Bridge, near Birmingham, makes the following statement. It is so clear and detailed that no comment or explanation is necessary:

[COPY.]

"I, Elon Mitchell, 11 Lewis street, Great Bridge, near Birmingham, do solemnly and sincerely declare as follows:

"My wife, Mary Mitchell, had always been a healthy woman, and had never had an hour's sickness until April, 1889, when she began to complain of a bitter, sour, horrible taste in the mouth. She went a bad color, and sweated very much, lost all appetite and felt very weak. One morning she found her pillow covered with blood. She had great pain in the chest,

(Continued on page 6.)

Of Course They Will.
 "The food system is literally and truly the source of life," says a great English physician. It is, and as people gradually get hold of this fact they will see the connection between it and the necessity for some gentle, thorough and safe digestive medicine like Shaker Family Pills.

The Value of Holes.
 Holes are useful in a sieve but not in a coat or in a roof. Yet nearly all plasters now-a-days are made porous. That is, they have a number of holes artificially punched in them. What for? Two reasons:—First, they fit better to the skin, being more flexible; and, second, the holes are places of escape for the drainage, or foul matter that the healing action of the plaster draws out through the skin. But it isn't in the pores chiefly that the principal virtue of the Shaker Soothing Plaster resides. It is in the fine medication which quietly and harmlessly destroys the aches and pains in the muscles and tissues. Of all the great inventions of the Shakers this plaster is one of the best.



Just the Same.
 Dashaway—I went up in the country the other day to see a girl I have always been in love with.
 Cleverton—And found her greatly changed, I suppose?
 Dashaway—No; that was the most remarkable part of it. She was just the same. She still said "No."

Our Friend's Cousin Tom.
 A friend writes and says: "My Cousin Tom is invariably seized with a fit of coughing whenever anybody speaks of a cough in his presence." We replied that Cousin Tom must be a good deal of a nuisance, but that evidently his nerves were irritable and his imagination had got into a bad habit. On our advice—as his cough no doubt arose in the first place from his stomach—he took a few bottles of Seigel's Syrup (Shaker Extract) for his indigestion, and wore a Shaker Soothing Plaster on his chest for several weeks to quiet the nerves of the skin. The result was all that could be desired. At last Cousin Tom had stopped coughing and become an acceptable member of the social circle.

2d MONTH.

FEBRUARY, 1892

29 DAYS.

| Day Yr. | | | Day Mo. | Day Wk. | Eastern States, Northern part of New York, Mich., Wis., Ill., Minn., Neb., Dakota, Oregon, Wyo., Mont., Wash. and Idaho. | | | New York, New Jersey, Penn., Md., Va., West Va., Mo., Ohio, Ind., Ill., Ky., Kans., Neb., Col., Utah, Nevada, Upper Cal. | | | N. and S. Carolina, Tex., Tenn., Ga., N. Mex., Florida, Ala., La., Ark., Miss., Ariz., Middle and Southern Cal., Indian Ter. | | | First Quarter, Full Moon, Third Quarter, New Moon. | | | MOON'S PHASES. | EASTERN DIVISION. | CENTRAL DIVISION. |
|---------|----|--|---------|---------|--|----------|-----------|--|----------|-----------|--|-----------|----------|--|-------|--|----------------|-------------------|-------------------|
| | | | | | Sun Rises | Sun Sets | Moon Sets | Sun Rises | Sun Sets | Moon Sets | High Water | Sun Rises | Sun Sets | Moon Sets | | | | | |
| 32 | 1 | | M | | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | | | | |
| 33 | 2 | | T | | 7 14 | 5 14 | 8 59 | 7 11 | 5 17 | 9 0 | 11 0 | 6 51 | 5 37 | 9 6 | | | | | |
| 34 | 3 | | W | | 7 13 | 5 15 | 10 14 | 7 9 | 5 18 | 10 14 | 11 44 | 6 56 | 5 38 | 10 11 | | | | | |
| 35 | 4 | | T | | 7 12 | 5 16 | 11 29 | 7 8 | 5 20 | 11 27 | morn. | 6 49 | 5 39 | 11 17 | | | | | |
| 36 | 5 | | F | | 7 11 | 5 17 | morn. | 7 7 | 5 21 | morn. | 0 31 | 6 49 | 5 40 | morn. | | | | | |
| 37 | 6 | | S | | 7 10 | 5 19 | 0 44 | 7 6 | 5 22 | 0 41 | 1 22 | 6 48 | 5 40 | 0 23 | | | | | |
| 38 | 7 | | S | | 7 9 | 5 20 | 1 59 | 7 5 | 5 23 | 1 54 | 2 24 | 6 47 | 5 41 | 1 29 | | | | | |
| 39 | 8 | | M | | 7 7 | 5 21 | 3 12 | 7 4 | 5 25 | 3 6 | 3 29 | 6 47 | 5 42 | 2 35 | | | | | |
| 40 | 9 | | T | | 7 6 | 5 23 | 4 19 | 7 3 | 5 26 | 4 13 | 4 38 | 6 46 | 5 43 | 3 38 | | | | | |
| 41 | 10 | | W | | 7 5 | 5 24 | 5 19 | 7 2 | 5 27 | 5 13 | 5 41 | 6 45 | 5 44 | 4 37 | | | | | |
| 42 | 11 | | T | | 7 4 | 5 25 | 6 9 | 7 1 | 5 28 | 6 3 | 6 43 | 6 44 | 5 45 | 5 29 | | | | | |
| 43 | 12 | | F | | 7 2 | 5 27 | 6 49 | 7 0 | 5 29 | 6 45 | 7 39 | 6 44 | 5 45 | 6 15 | | | | | |
| 44 | 13 | | S | | 7 1 | 5 28 | rises. | 6 58 | 5 31 | rises. | 8 21 | 9 43 | 5 46 | rises. | | | | | |
| 45 | 14 | | S | | 7 0 | 5 29 | 6 23 | 6 57 | 5 32 | 6 27 | 9 5 | 6 42 | 5 47 | 6 46 | | | | | |
| 46 | 15 | | M | | 6 58 | 5 30 | 7 28 | 6 56 | 5 33 | 7 28 | 9 35 | 6 41 | 5 48 | 7 41 | | | | | |
| 47 | 16 | | T | | 6 57 | 5 32 | 8 27 | 6 55 | 5 34 | 8 28 | 10 10 | 6 40 | 5 49 | 8 35 | | | | | |
| 48 | 17 | | W | | 6 56 | 5 33 | 9 28 | 6 53 | 5 36 | 9 27 | 10 45 | 6 39 | 5 49 | 9 27 | | | | | |
| 49 | 18 | | T | | 6 54 | 5 34 | 10 28 | 6 52 | 5 37 | 10 27 | 11 19 | 6 38 | 5 50 | 10 20 | | | | | |
| 50 | 19 | | F | | 6 53 | 5 36 | 11 30 | 6 50 | 5 38 | 11 27 | 11 56 | 6 37 | 5 51 | 11 14 | | | | | |
| 51 | 20 | | S | | 6 51 | 5 37 | morn. | 6 49 | 5 39 | morn. | eve 35 | 6 36 | 5 52 | morn. | | | | | |
| 52 | 21 | | S | | 6 50 | 5 38 | 0 33 | 6 48 | 5 40 | 0 29 | 1 21 | 6 35 | 5 53 | 0 9 | | | | | |
| 53 | 22 | | M | | 6 48 | 5 39 | 1 38 | 6 46 | 5 42 | 1 32 | 2 2 | 6 34 | 5 53 | 1 7 | | | | | |
| 54 | 23 | | T | | 6 47 | 5 41 | 2 43 | 6 45 | 5 43 | 2 36 | 3 20 | 6 33 | 5 54 | 2 7 | | | | | |
| 55 | 24 | | W | | 6 45 | 5 42 | 3 45 | 6 43 | 5 44 | 3 39 | 4 26 | 6 32 | 5 55 | 3 6 | | | | | |
| 56 | 25 | | T | | 6 44 | 5 43 | 4 43 | 6 42 | 5 45 | 4 36 | 5 32 | 6 32 | 5 55 | 4 4 | | | | | |
| 57 | 26 | | F | | 6 42 | 5 44 | 5 33 | 6 41 | 5 46 | 5 27 | 6 37 | 6 31 | 5 56 | 4 57 | | | | | |
| 58 | 27 | | S | | 6 41 | 5 46 | 6 14 | 7 39 | 5 47 | 6 9 | 7 37 | 6 30 | 5 57 | 5 45 | | | | | |
| 59 | 28 | | S | | 6 39 | 5 47 | sets. | 6 38 | 5 48 | sets. | 8 23 | 6 28 | 5 57 | sets. | | | | | |
| 60 | 29 | | M | | 6 38 | 5 48 | 6 34 | 6 36 | 5 50 | 6 36 | 9 13 | 6 27 | 5 58 | 6 46 | | | | | |
| | | | | | 6 36 | 5 49 | 7 53 | 6 35 | 5 51 | 7 54 | 9 52 | 6 26 | 5 59 | 7 55 | | | | | |

"Oh, the burden of my life! Why am I spared to see another birthday? Poor, miserable me! an aggregation of miseries. I live to suffer, and suffer to live. I have taken drugs enough to poison all the fishes in the sea." This is very depressing, unwholesome talk, yet a well-known literary man indulges in it. What was the matter with him? Why, indigestion and hypochondria. If he were obliged to carry a hod for his living and would use up a box of Shaker Family Pills the first week he went to work, we should hear no more of his groaning.

and frequently vomited blood and matter, and so bad was this that she would keep her pocket-handkerchief to her mouth all night, and in the morning it would be covered with corruption. Her tongue began to swell, and a lump formed on one side; she had also a lump in her throat, and a swelling would rise at the side of her face as large as my hand. There seemed as if there was something in her throat that wanted to come up, for she would belch and vomit until quarts of blood and matter would come up. The pain would begin in the throat and go to the side, and then round to the back, until she screamed with pain. The pain in her head was so severe that she said it was like putting it on a stone when she rested it on a soft pillow. Feeling alarmed at these symptoms, I took her to a doctor at Dudley Port, who, after carefully examining her, said all the mischief arose from the heart, and he held out no hopes for her. He said, 'I will give you medicine to ease the pain, but I can do nothing to make her better, for nothing can save her, and I would recommend you to take her to the hospital.' The medicine did her no good, so I got a recommendation from Mr. Gregory, grocer, Great Bridge, and she went to the West Bromwich Hospital, where she was examined by five doctors, who all said at first it was cancer. They pulled her tongue with an instrument, and put a mirror down her throat, and said she must stay in the hospital and be operated upon, but she said she would rather die than be tortured any more. They gave her medicine, and changed it frequently, and seemed to be trying experiments upon her. After a time they said it was not a cancer, but came from something wrong with her heart, and after doctoring her seven months they discharged her as incurable. After this we took her to the Birmingham Ear and Throat Hospital, 7 Great Charles street,

and had her under a very clever physician, who said she was suffering from a meylin complaint, or, as he explained it, 'a great many complaints, one working against the other.' The doctor told my daughter to make haste home, for he did not think her mother would last the week out. He gave her medicine, but said he could only relieve her, and said nothing on earth can cure her. After being under his treatment some time she got so bad that she could not leave her bed, and I sent over to Manchester for my daughter, who came and nursed her. We sat up with her for weeks, night and day, and I never expected her getting from her bed again alive. When she got a little better, my daughter and I took her to Manchester to see if a change of air would do her good. Whilst there she went to St. Mary's Hospital, and also to the Throat and Consumption Hospital, Hardman street. The doctors there said she was curable, but after being under them some time she was worse than ever, and got so weak that she was confined to bed and had to be fed with a spoon. All her food had to be put through a fine sieve, and for weeks we had to sit up with her at night, and more than once we never thought she would last till morning. My daughter paid ten dollars for an eminent specialist to come and see her; he said, 'I cannot cure you, that is impossible, but will give you some medicine to relieve you.'

"We were all now prepared for her death, and so firmly was my poor wife of this opinion, that she made arrangements as to where she was to be interred, and as to the disposal of her furniture and other things after her death. We used to lift her in and out of bed. One day, feeling a little better, we bolstered her up on a lounge near the table, and she took up an almanac that was lying on the table. After looking at it she opened it and began to

(Continued on page 8.)

Ah, Yes Indeed.

Sometimes a man (but more often a woman) gets the name of being a sour, ill-tempered, cantankerous person, when habitual sick headache is responsible for the whole thing. A few days' treatment with Shaker Family Pills will remove the bile which causes the headache, and then what a change! Merciful gracious! How often a bad disposition means nothing more or less than a bad digestion.

Lenten Whispers.

Jessie—Why, your bonnet is as good as new!

Tessie—Yes, dear; as good as your new one; but not so good as the new one I am getting for Easter.

The Old Way.

Don't neglect a slight ailment. Tall oaks from little acorns grow; great aches from little causes flow. The tap root of most sorts of sickness is indigestion and constipation. Shaker Family Pills will stop the trouble right where it is.



A Dubious Compliment.

Mrs. Hunnimune—How do you like my cooking, dearest?

Mr. Hunnimune—Well, love, I tell you mother's cooking is not to be compared to yours.

That Venerable Chestnut.

Mr. Toodles bought a coffin at auction, "because," as he said to his wife, "if anything should happen it would be so handy to have in the house." All the same, most of us prefer to wait for that article until it is actually needed. But with the Shaker Soothing Plasters it is different. They don't suggest anything ghastly, and when husband, wife or child is seized with a pain or ache in the breast, side, chest or limbs, it is a capital idea to have the remedy where you can put your hand right on it. Therefore, never be without half a dozen of these plasters within easy reach.

A Sure Test.

This cigar isn't the least artistic. How so?

Why, it doesn't draw.

3d MONTH.

MARCH, 1892

31 DAYS.

| Day Tr. Day Mo. Day Wk. | | | Eastern States, Northern part of New York, Mich., Wis., Ia., Minn., Neb., Dakota, Oregon, Wyo., Mont., Wash. and Idaho | | | | New York, New Jersey, Penn., Md., Va., West Va., Mo., Ohio, Ind., Ill., Ky., Kans., Neb., Col., Utah, Nevada, Upper Cal. | | | | N. and S. Carolina, Tex., Tenn., Ga., N. Mex., Florida, Ala., Ark., Miss., Ariz., Middle and Southern Cal., Indian Ter. | | | |
|-------------------------|----|---|--|----------|-----------|--|--|----------|-----------|------------|---|-----------|----------|-----------|
| | | | Sun Rises | Sun Sets | Moon Sets | | Sun Rises | Sun Sets | Moon Sets | High Water | | Sun Rises | Sun Sets | Moon Sets |
| 61 | 1 | T | H. M. | H. M. | H. M. | | H. M. | H. M. | H. M. | H. M. | | H. M. | H. M. | H. M. |
| 62 | 2 | W | 6 34 | 5 50 | 9 12 | | 6 33 | 5 52 | 9 11 | 10 34 | | 6 25 | 5 59 | 9 3 |
| 63 | 3 | T | 6 33 | 5 52 | 10 30 | | 6 31 | 5 53 | 10 27 | 11 20 | | 6 24 | 6 0 | 10 12 |
| 64 | 4 | F | 6 31 | 5 53 | 11 47 | | 6 30 | 5 54 | 11 43 | morn. | | 6 23 | 6 1 | 11 20 |
| 65 | 5 | S | 6 29 | 5 54 | morn. | | 6 28 | 5 55 | morn. | 0 8 | | 6 22 | 6 1 | morn. |
| 66 | 6 | M | 6 28 | 5 55 | 1 3 | | 6 27 | 5 56 | 0 58 | 1 2 | | 6 21 | 6 2 | 0 28 |
| 67 | 7 | T | 6 26 | 5 56 | 2 14 | | 6 25 | 5 57 | 2 7 | 2 5 | | 6 20 | 6 3 | 1 33 |
| 68 | 8 | W | 6 24 | 5 58 | 3 16 | | 6 24 | 5 59 | 3 9 | 3 14 | | 6 18 | 6 4 | 2 33 |
| 69 | 9 | F | 6 23 | 5 59 | 4 9 | | 6 23 | 6 0 | 4 2 | 4 25 | | 6 17 | 6 5 | 3 27 |
| 70 | 10 | S | 6 21 | 6 0 | 4 51 | | 6 20 | 6 1 | 4 45 | 5 27 | | 6 16 | 6 5 | 4 14 |
| 71 | 11 | M | 6 19 | 6 1 | 5 25 | | 6 19 | 6 2 | 5 21 | 6 22 | | 6 15 | 6 6 | 4 55 |
| 72 | 12 | T | 6 18 | 6 2 | 5 53 | | 6 17 | 6 3 | 5 50 | 7 14 | | 6 14 | 6 6 | 5 30 |
| 73 | 13 | W | 6 16 | 6 4 | 6 22 | | 6 16 | 6 4 | 6 19 | 8 0 | | 6 13 | 6 7 | 6 1 |
| 74 | 14 | F | 6 14 | 6 5 | rises. | | 6 14 | 6 5 | rises. | 8 35 | | 6 11 | 6 7 | rises. |
| 75 | 15 | S | 6 13 | 6 6 | 7 19 | | 6 12 | 6 6 | 7 19 | 9 5 | | 6 10 | 6 8 | 7 21 |
| 76 | 16 | M | 6 11 | 6 7 | 8 19 | | 6 11 | 6 7 | 8 18 | 9 35 | | 6 9 | 6 9 | 8 14 |
| 77 | 17 | T | 6 9 | 6 8 | 9 20 | | 6 9 | 6 8 | 9 19 | 10 7 | | 6 8 | 6 9 | 9 7 |
| 78 | 18 | W | 6 7 | 6 9 | 10 23 | | 6 7 | 6 9 | 10 19 | 10 42 | | 6 7 | 6 10 | 10 2 |
| 79 | 19 | F | 6 6 | 6 10 | 11 27 | | 6 6 | 6 10 | 11 22 | 11 20 | | 6 5 | 6 11 | 10 58 |
| 80 | 20 | S | 6 4 | 6 12 | morn. | | 6 4 | 6 12 | morn. | eve. 3 | | 6 4 | 6 11 | 11 57 |
| 81 | 21 | M | 6 2 | 6 13 | 0 31 | | 6 2 | 6 13 | 0 25 | 0 51 | | 6 3 | 6 12 | morn. |
| 82 | 22 | T | 6 0 | 6 14 | 1 34 | | 6 1 | 6 14 | 1 27 | 1 47 | | 6 2 | 6 13 | 0 55 |
| 83 | 23 | W | 5 59 | 6 15 | 2 32 | | 5 59 | 6 15 | 2 25 | 2 53 | | 6 1 | 6 13 | 1 52 |
| 84 | 24 | F | 5 57 | 6 16 | 3 24 | | 5 57 | 6 16 | 3 17 | 4 5 | | 6 0 | 6 14 | 2 46 |
| 85 | 25 | S | 5 55 | 6 17 | 4 4 | | 5 56 | 6 17 | 4 2 | 5 11 | | 5 58 | 6 14 | 3 37 |
| 86 | 26 | M | 5 53 | 6 18 | 4 44 | | 5 54 | 6 18 | 4 39 | 6 12 | | 5 57 | 6 15 | 4 19 |
| 87 | 27 | T | 5 52 | 6 20 | 5 14 | | 5 52 | 6 19 | 5 12 | 7 11 | | 5 56 | 6 15 | 4 59 |
| 88 | 28 | W | 5 50 | 6 21 | sets. | | 5 51 | 6 20 | sets. | 8 0 | | 5 55 | 6 15 | sets. |
| 89 | 29 | F | 5 48 | 6 22 | 6 43 | | 5 49 | 6 21 | 6 43 | 8 47 | | 5 53 | 6 17 | 6 40 |
| 90 | 30 | S | 5 46 | 6 23 | 8 4 | | 5 47 | 6 22 | 8 2 | 9 29 | | 5 52 | 6 17 | 7 50 |
| 91 | 31 | T | 5 45 | 6 24 | 9 25 | | 5 46 | 6 23 | 9 21 | 10 10 | | 5 51 | 6 18 | 9 2 |
| | | | 5 43 | 6 25 | 10 44 | | 5 44 | 6 24 | 10 39 | 10 59 | | 5 50 | 6 18 | 10 11 |

MOON'S PHASES.

EASTERN DIVISION.

CENTRAL DIVISION.

Erasmus Darwin, grandfather of the famous Charles Darwin, the naturalist, inscribed upon his seal the significant words, "*Omnia ex conchis*,"—all from oysters. Whether we all came from oysters or not is something nobody is able to swear to; but that most of our ailments and diseases arise from constipation is a point we may be sure of, and also that for speedy and thorough relief one needs to use Shaker Family Pills.

read about a railway guard who had been cured by a medicine called Seigel's Syrup (Shaker Extract) after the doctors had given him up. She said she would like to try it as a last resource, so I sent to Mr. Jeans, chemist, in Broad street, Pendleton, and got a bottle. After taking a few doses she began to eat, and by the time she had taken the first bottle felt stronger and could sit up longer, and after taking two more bottles we were able to return home, and by continuing the medicine she has got quite strong and can go about as usual. She still takes a little of the Syrup and can eat anything. Had it not been for Seigel's Syrup (Shaker Extract) she would have been dead long since. I tell everyone that this remedy has raised her from the dead, for she was virtually dead, when by God's will she providentially came across the medicine. After we got back from Man-

chester one of our friends asked what doctor had worked the wonderful cure. My wife told her what it was had done it all, and but for this medicine she would have been in her grave.

"And I make this solemn declaration conscientiously believing the same to be true. By virtue of the provisions of the Statutory Declaration Act, 1835 (5 and 6 William IV., c. 62).

"(Signed) ELON MITCHELL.

"Subscribed and declared at
Birmingham, in the County
of Warwick, England, this
10th day of October, 1890,
before me,

[SEAL.]

"(Signed) SYDNEY J. PORTER,
"A Commissioner to administer
Oaths in the Supreme Court of
Judicature in England."

Mrs. Johnston's Declaration.

(Daughter of Mrs. Mitchell.)

[COPY.]

"I, Maria Johnston, of 39 Dow street, Lower Broughton, Manchester, do solemnly and sincerely declare as follows:

"That when I visited my mother at Great Bridge, near Birmingham, I quite thought she was in a dying state, and sent for a doctor, who said it was no use doctoring further, and for many nights I listened for her breathing, fearing she was dead. Whilst at Manchester my mother complained of pains all over her body, and that lumps would rise in different parts of her body, and I rubbed her for hours together. The discharge from her throat was very great, and the pain in the tongue was like any one gashing it with a knife and filling it

with salt. So intense was the pain that I never expected her recovery, and got two clergymen to come and pray with her. The effect of Seigel's Syrup (Shaker Extract) was nothing short of miraculous, for, but for it, I am confident my mother would now be in her grave. I have suffered for years from indigestion, and seeing what this medicine had done for my mother, I took some, and have derived great benefit from it. My mother had always been constive, and would not have her bowels moved for a week at a time. To this cause, combined with fretting at the loss of two daughters, I attribute the beginning of my mother's troubles.

(Continued on page 10.)

All Right Next Day.

"One Saturday night, April, 1891, I was suffering from a racking cough, and understood what Shakespeare means by a stuffed bosom; for my chest felt as though it were full of choking gas. I could hardly breathe. The grip, too, was getting in its work in New York, and the death rate was enough to scare a fellow. I wrapped myself up, went out to a drug store, bought two Shaker Soothing Plasters, clapped one on my chest, and the other on my back between the shoulders, felt better right off and crawled into bed and slept like a healthy baby who couldn't tell the odds between pneumonia and its father's razor. Monday morning I was able to go to business."—A. C. W.

All or Nothing.

She—"Don't you feel a draught over there by the window?"

He (taking the hint)—"I don't know but I do. What would you advise me to do; pull the blind down or move over nearer to you?"

She—Both.



Three Ways Out.

"All roads lead to Rome," says the adage. Three roads lead out of the human body—the bowels, the kidneys and the skin. The latter, by means of insensible perspiration, is all the time trying to rid us of the poison in our blood and keep us well. But we are often silly and ignorant enough to do all we can to hinder and bother the skin in this good and necessary work. We (some of us, that is) don't keep the skin clean enough, but let it get clogged up with vile secretions. It is to stimulate the skin to action and draw the blood to the surface that the Shaker Soothing Plaster was made, and its power over pain and congestion is like that of a mother's touch on a crying child.

A Fluent Talker.

Mr. Murray Hill, Jr.—But, father, this young lady you want me to marry stutters dreadfully.

Mr. Murray Hill, Sr.—That makes no difference. She is rich, and after you are married a little she will talk fast enough to suit you.

4th MONTH.

APRIL, 1892

30 DAYS.

| | | | Eastern States, Northern part of New York, Mich., Wis., Ia., Minn., Neb., Dakota, Oregon, Wyo., Mont., Wash. and Idaho. | | | New York, New Jersey, Penn., Md., Va., West Va., Mo., Ohio, Ind., Ill., Ky., Kans., Neb., Col., Utah, Nevada, Upper Cal. | | | N. and S. Carolina, Tex., Tenn., Ga., N. Mex., Florida, Ala., Ark., Miss., Ariz., Middle and Southern Cal., Indian Ter. | | | | | | MOON'S PHASES. | | | | |
|-----|-----|-----|---|-------|--------|--|-------|--------|---|-------|-------|--------|-------|-------|----------------|----------------|------------|----------------|-----------|
| Day | Mo. | Wk. | Sun | | Moon | Sun | | Moon | High | Sun | | Moon | Sun | | Moon | First Quarter. | Full Moon. | Third Quarter. | New Moon. |
| Yr. | | | Rises | Sets | Sets. | Rises | Sets | Sets. | Water | Rises | Sets | Sets. | Rises | Sets | Sets. | Quarter. | Mo. | Quarter. | Mo. |
| | | | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | | | | |
| 92 | | F | 5 41 | 6 26 | morn. | 5 42 | 6 25 | 11 55 | 11 51 | 5 49 | 6 19 | 11 21 | | | | | | | |
| 93 | 1 | S | 5 39 | 6 27 | 0 1 | 5 41 | 6 26 | morn. | morn. | 5 47 | 6 20 | morn. | | | | | | | |
| 94 | 2 | S | 5 38 | 6 28 | 1 0 | 5 30 | 6 27 | 1 2 | 0 48 | 5 46 | 6 20 | 0 31 | | | | | | | |
| 95 | 3 | M | 5 36 | 6 30 | 2 6 | 5 37 | 6 28 | 1 59 | 1 52 | 5 45 | 6 21 | 1 23 | | | | | | | |
| 96 | 4 | T | 5 34 | 6 31 | 2 52 | 5 36 | 6 29 | 2 46 | 3 0 | 5 44 | 6 21 | 2 14 | | | | | | | |
| 97 | 5 | T | 5 33 | 6 32 | 3 29 | 5 34 | 6 30 | 3 24 | 4 5 | 5 43 | 6 22 | 2 56 | | | | | | | |
| 98 | 6 | F | 5 31 | 6 33 | 3 58 | 5 33 | 6 31 | 3 54 | 5 0 | 5 41 | 6 23 | 3 32 | | | | | | | |
| 99 | 7 | S | 5 30 | 6 34 | 4 23 | 5 31 | 6 32 | 4 20 | 5 51 | 5 40 | 6 23 | 4 4 | | | | | | | |
| 100 | 8 | S | 5 28 | 6 35 | 4 44 | 5 29 | 6 33 | 4 42 | 6 37 | 5 39 | 6 24 | 4 33 | | | | | | | |
| 101 | 9 | M | 5 26 | 6 36 | 5 4 | 5 28 | 6 34 | 5 3 | 7 20 | 5 38 | 6 24 | 5 1 | | | | | | | |
| 102 | 10 | T | 5 24 | 6 37 | rises. | 5 26 | 6 36 | rises. | 7 59 | 5 37 | 6 25 | rises. | | | | | | | |
| 103 | 11 | T | 5 23 | 6 39 | 7 13 | 5 25 | 6 37 | 7 11 | 8 34 | 5 36 | 6 26 | 7 2 | | | | | | | |
| 104 | 12 | W | 5 21 | 6 40 | 8 15 | 5 23 | 6 38 | 8 12 | 9 4 | 5 35 | 6 26 | 7 56 | | | | | | | |
| 105 | 13 | T | 5 19 | 6 41 | 9 19 | 5 22 | 6 39 | 9 14 | 9 36 | 5 33 | 6 27 | 8 53 | | | | | | | |
| 106 | 14 | F | 5 18 | 6 42 | 10 23 | 5 20 | 6 40 | 10 17 | 10 13 | 5 32 | 6 27 | 9 50 | | | | | | | |
| 107 | 15 | S | 5 16 | 6 43 | 11 26 | 5 19 | 6 41 | 11 20 | 10 54 | 5 31 | 6 28 | 10 49 | | | | | | | |
| 108 | 16 | S | 5 15 | 6 44 | morn. | 5 17 | 6 42 | morn. | 11 42 | 5 30 | 6 29 | 11 46 | | | | | | | |
| 109 | 17 | M | 5 13 | 6 45 | 0 26 | 5 16 | 6 43 | 0 19 | eve. 31 | 5 29 | 6 29 | morn. | | | | | | | |
| 110 | 18 | T | 5 11 | 6 46 | 1 19 | 5 14 | 6 44 | 1 12 | 1 30 | 5 28 | 6 30 | 0 39 | | | | | | | |
| 111 | 19 | T | 5 10 | 6 48 | 2 4 | 5 13 | 6 45 | 1 58 | 2 34 | 5 27 | 6 31 | 1 29 | | | | | | | |
| 112 | 20 | F | 5 8 | 6 49 | 2 42 | 5 11 | 6 46 | 2 37 | 3 43 | 5 26 | 6 31 | 2 13 | | | | | | | |
| 113 | 21 | S | 5 7 | 6 50 | 3 13 | 5 10 | 6 47 | 3 10 | 4 44 | 5 25 | 6 32 | 2 54 | | | | | | | |
| 114 | 22 | S | 5 5 | 6 51 | 3 40 | 5 8 | 6 48 | 3 38 | 5 42 | 5 24 | 6 32 | 3 29 | | | | | | | |
| 115 | 23 | M | 5 4 | 6 52 | 4 6 | 5 7 | 6 49 | 4 5 | 6 38 | 5 23 | 6 33 | 4 4 | | | | | | | |
| 116 | 24 | T | 5 2 | 6 53 | 4 30 | 5 6 | 6 50 | 4 31 | 7 32 | 5 21 | 6 34 | 4 38 | | | | | | | |
| 117 | 25 | T | 5 1 | 6 54 | sets. | 5 4 | 6 51 | sets. | 8 21 | 5 21 | 6 34 | sets. | | | | | | | |
| 118 | 26 | W | 5 0 | 6 55 | 8 17 | 5 3 | 6 52 | 8 12 | 9 7 | 5 20 | 6 35 | 7 48 | | | | | | | |
| 119 | 27 | F | 4 58 | 6 56 | 9 37 | 5 2 | 6 53 | 9 31 | 9 51 | 5 19 | 6 36 | 9 0 | | | | | | | |
| 120 | 28 | T | 4 57 | 6 58 | 10 52 | 5 0 | 6 54 | 10 45 | 10 43 | 5 18 | 6 36 | 10 10 | | | | | | | |
| 121 | 29 | F | 4 55 | 6 59 | 11 57 | 4 59 | 6 55 | 11 50 | 11 48 | 5 17 | 6 37 | 11 13 | | | | | | | |
| 122 | 30 | S | | | | | | | | | | | | | | | | | |

"Tell Murray," said Sydney Smith, "that I was much struck the other day with the politeness of Miss Markham. In carving a partridge I splashed her with the gravy from head to foot, yet she had the goodness to declare that not a drop had struck her." What a wonderful temper and self command. What a wonderful balance of mind and body. The lady was a model of health, as any other lady may be by keeping her digestion perfect by the occasional use of Shaker Family Pills.

"And I make this solemn declaration conscientiously believing the same to be true. By virtue of the Statutory Declaration Act, 1835 (5 and 6 William IV., c. 62).

"(Signed) MARIA JOHNSTON.

"Declared at Manchester, in the County of Lancaster, this 14th day of October, 1890, before me, in testimony whereof I have hereunto caused the Seal of the Mayorality of the said City to be affixed.

[SEAL.]

"(Signed) JOHN MARK,
"Mayor of the City of Manchester."

The Stomach Everybody knows ne has a stomach, but very few know what it is. The stomach is a bag or sac which will contain, on an average, about a gallon. When we swallow our food, it drops down a few inches into this bag. The stomach then, by a motion of its own, mixes it with juices given out from its surface, and churns it about until it becomes one mass somewhat like a thick broth. That is to say, it tries to do this, but does not always fully succeed. Very often the food is not properly chewed or masticated, and there are solid pieces which the stomach can

neither dissolve nor push along through the valve into the bowels. This is indigestion of the stomach, a malady so common as to blind us to its serious and often fatal character. Some of its well known symptoms are: Distress after eating, sourness and acidity, headache, giddiness, bad breath, loss of appetite and sleep, depression of spirits, pressure upon the brain, nervous irritation, &c.

You must remember that the stomach and bowels, although having separate names, are merely parts of one canal or passage way from where the food enters the body to where it leaves it. So that indigestion and dyspepsia always affect both these organs, and many of the symptoms are precisely the same. The entire body is nourished and sustained by these organs. Don't forget that, for it is the most important fact in this world. When the stomach and bowels are strong and vigorous, general good health prevails. When they are torpid and diseased, the seeds of weakness and death are quickly scattered through every part of the system. We may sum it up by saying that indigestion and dyspepsia cause vile impurity of the blood, and so give rise to every form of ailment or malady known to man. And the success of Seigel's Syrup (Shaker Extract) in purifying and cleansing this well-spring of nearly all our physical sorrows, fully accounts for its world-wide reputation.

A Local Preacher's Experience.

One day in November, 1886, Mr. William Cruickshank was attending a public meeting in Willington, near Durham. In this mere fact there is nothing important, but in what befell him at the meeting there is.

He lately told the story himself as follows: First, however, it must be under-

stood that Mr. Cruickshank is a local preacher. Now, a local preacher is a brother licensed in the Methodist Episcopal Church, the Wesleyan Methodist Church, and other branches of that denomination, to preach the Gospel without being the regular pastor of a congregation. He earns his living

(Continued on page 12.)

To Fight the Devil.

There is an old saying that it is "better to run away from the devil than to stay and fight him." That depends on the shape he comes in. If he takes the form of constipation and indigestion, you can't run away from him. You have got to stay and fight him, and the best weapon to do it with is Shaker Family Pills.

Adam's Consolation.

There never was a time in the history of the world when man didn't brew beer and drink it. No doubt Adam started the business the next week after he was evicted from Paradise. Some things seem to be so natural that they "go," as the boys say, from the very outset. The use of external remedies and applications for pain is one of them. It is universal because it is successful. But of all applications the Shaker Soothing Plaster is the best. It is highly medicated, it doesn't hurt, it "draws" the trouble to the surface and drops it overboard. Try the S. S. P. this year, and let us know what you think of it.



Fun Locked Up.

Don't you think a new comic paper in England would succeed? No; but a *Key to Punch* would make a hit in America.

Your Ship at Sea.

Her pilot is thinking of danger to shun,
Of breakers that whiten and roar,
How little he cares if in shadow or sun,
They see him who sit by the shore.
He looks to the beacon that looms from the reef,
To the rock that is under his lee,
As she drifts on the blast, like a wind-wafted leaf,
O'er the gulfs of the desolate sea.
The ship is your body, the sea is your life,
The rocks are diseases and ills,
From which you are rescued,
Weary with strife,
By Shaker Family Pills.

Powers of Darkness.

Do you believe in evil spirits? I should say so. I have occasionally taken a drink in Brooklyn.

5th MONTH.

MAY, 1892

31 DAYS.

| Day Yr. Day Mo. Day Wk. | | | | Eastern States, Northern part of New York, Mich., Wis., Ia., Minn., Neb., Dakota, Oregon, Wyo., Mont., Wash. and Idaho. | | | New York, New Jersey, Penn., Md., Va., West Va., Mo., Ohio, Ind., Ill., Ky., Kans., Neb., Col., Utah, Nevada, Upper Cal. | | | | N. and S. Carolina, Tex., Tenn., Ga., N. Mex., Florida, Ala., La., Ark., Miss., Ariz., Middle and Southern Cal., Indian Ter. | | | |
|-------------------------|----|--|---|---|-------|--------|--|-------|--------|---------|--|-------|-------|--------|
| | | | | Sun Rises. Sun Sets. Moon Sets | | | Sun Rises. Sun Sets. Moon Sets High Water | | | | Sun Rises. Sun Sets. Moon Sets | | | |
| | | | | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. |
| 122 | 1 | | S | 4 54 | 7 0 | morn. | 4 58 | 6 56 | morn. | morn. | | 5 16 | 6 37 | morn. |
| 123 | 2 | | M | 4 52 | 7 1 | 0 49 | 4 56 | 6 57 | 0 42 | 0 34 | | 5 16 | 6 38 | 0 7 |
| 124 | 3 | | T | 4 51 | 7 2 | 1 29 | 4 55 | 6 58 | 1 24 | 1 33 | | 5 15 | 6 39 | 0 54 |
| 125 | 4 | | W | 4 50 | 7 4 | 2 2 | 4 54 | 6 59 | 1 58 | 2 31 | | 5 14 | 6 39 | 1 33 |
| 126 | 5 | | T | 4 48 | 7 5 | 2 28 | 4 53 | 7 0 | 2 25 | 3 29 | | 5 13 | 6 40 | 2 7 |
| 127 | 6 | | F | 4 47 | 7 6 | 2 50 | 4 52 | 7 1 | 2 48 | 4 26 | | 5 12 | 6 41 | 2 37 |
| 128 | 7 | | S | 4 46 | 7 7 | 3 10 | 4 50 | 7 2 | 3 10 | 5 9 | | 5 11 | 6 41 | 3 5 |
| 129 | 8 | | M | 4 45 | 7 8 | 3 28 | 4 49 | 7 3 | 3 29 | 5 53 | | 5 11 | 6 42 | 3 30 |
| 130 | 9 | | T | 4 44 | 7 9 | 3 47 | 4 48 | 7 4 | 3 49 | 6 36 | | 5 10 | 6 43 | 3 57 |
| 131 | 10 | | W | 4 43 | 7 10 | 4 7 | 4 47 | 7 5 | 4 10 | 7 18 | | 5 9 | 6 43 | 4 24 |
| 132 | 11 | | T | 4 42 | 7 11 | rises. | 4 46 | 7 6 | rises. | 7 53 | | 5 9 | 6 44 | rises. |
| 133 | 12 | | F | 4 41 | 7 12 | 8 15 | 4 45 | 7 7 | 8 10 | 8 38 | | 5 8 | 6 45 | 7 44 |
| 134 | 13 | | S | 4 40 | 7 13 | 9 19 | 4 44 | 7 8 | 9 13 | 9 13 | | 5 7 | 6 45 | 8 43 |
| 135 | 14 | | T | 4 39 | 7 14 | 10 21 | 4 43 | 7 9 | 10 14 | 9 53 | | 5 7 | 6 46 | 9 41 |
| 136 | 15 | | W | 4 38 | 7 15 | 11 16 | 4 42 | 7 10 | 11 9 | 10 39 | | 5 6 | 6 47 | 10 37 |
| 137 | 16 | | T | 4 37 | 7 16 | morn. | 4 41 | 7 12 | 11 57 | 11 27 | | 5 5 | 6 47 | 11 26 |
| 138 | 17 | | F | 4 36 | 7 16 | 0 4 | 4 40 | 7 13 | morn. | eve. 17 | | 5 5 | 6 48 | morn. |
| 139 | 18 | | S | 4 35 | 7 18 | 0 42 | 4 39 | 7 14 | 0 37 | 1 11 | | 5 4 | 6 48 | 0 11 |
| 140 | 19 | | M | 4 34 | 7 19 | 1 15 | 4 38 | 7 15 | 1 11 | 2 11 | | 5 4 | 6 49 | 0 52 |
| 141 | 20 | | T | 4 33 | 7 20 | 1 43 | 4 37 | 7 16 | 1 40 | 3 11 | | 5 3 | 6 50 | 1 28 |
| 142 | 21 | | W | 4 32 | 7 21 | 2 7 | 4 37 | 7 17 | 2 6 | 4 18 | | 5 3 | 6 50 | 2 2 |
| 143 | 22 | | T | 4 31 | 7 22 | 2 31 | 4 36 | 7 17 | 2 31 | 5 9 | | 5 2 | 6 51 | 2 35 |
| 144 | 23 | | F | 4 31 | 7 23 | 2 55 | 4 35 | 7 18 | 2 57 | 6 5 | | 5 2 | 6 51 | 3 8 |
| 145 | 24 | | S | 4 30 | 7 24 | 3 21 | 4 35 | 7 19 | 3 23 | 7 4 | | 5 1 | 6 52 | 3 45 |
| 146 | 25 | | M | 4 29 | 7 25 | sets. | 4 34 | 7 19 | sets. | 7 59 | | 5 1 | 6 53 | sets. |
| 147 | 26 | | T | 4 28 | 7 25 | 8 27 | 4 34 | 7 20 | 8 20 | 8 52 | | 5 1 | 6 53 | 7 46 |
| 148 | 27 | | W | 4 28 | 7 26 | 9 38 | 4 33 | 7 21 | 9 31 | 9 38 | | 5 0 | 6 54 | 8 54 |
| 149 | 28 | | T | 4 27 | 7 27 | 10 38 | 4 32 | 7 22 | 10 31 | 10 30 | | 5 0 | 6 54 | 9 55 |
| 150 | 29 | | F | 4 27 | 7 28 | 11 24 | 4 32 | 7 23 | 11 19 | 11 22 | | 5 0 | 6 55 | 10 46 |
| 151 | 30 | | S | 4 26 | 7 29 | morn. | 4 31 | 7 24 | 11 56 | morn. | | 4 59 | 6 55 | 11 30 |
| 152 | 31 | | T | 4 26 | 7 30 | 0 1 | 4 31 | 7 24 | morn. | 0 13 | | 4 59 | 6 56 | morn. |

| First Quarter. | | | | Full Moon. | | | | Third Quarter. | | | | New Moon. | | | |
|----------------|--|--|--|------------|--|--|--|----------------|--|--|--|-----------|--|--|--|
| p | | | | h | | | | m | | | | m. | | | |
| 3 | | | | 2 12 e. | | | | 5 59 e. | | | | 0 43 m. | | | |
| 18 | | | | 6 59 e. | | | | 1 18 m. | | | | 26 | | | |
| 26 | | | | 0 43 m. | | | | 0 53 m. | | | | 26 | | | |

| Eastern Division. | | | | Central Division. | | | |
|-------------------|--|--|--|-------------------|--|--|--|
| p | | | | h | | | |
| 3 | | | | 1 12 e. | | | |
| 11 | | | | 4 59 e. | | | |
| 18 | | | | 8 53 m. | | | |
| 25 | | | | 11 49 e. | | | |

Somebody says, "If a lawyer is in danger of starving in some miserable little village, he invites another lawyer to come and settle in the same place, and both thrive. The more the better. They grow rich settling quarrels." There's truth in that, but if people wouldn't quarrel they would soon starve out the lawyers. And what makes men quarrel? The bile in their blood, of course. Use Shaker Family Pills and live at peace.

in any way he likes, and preaches when called upon. The local preachers are a useful and zealous body of men.

With this preface on our part, we will let Mr. Cruickshank relate his experience. He says: "While at the Willington meeting something suddenly seized me. My left hand fell down by my side, and as often as I raised it, it fell again. A strange feeling came over me, and I went out to get the fresh air to see if it would revive me. I reeled like a drunken man, and felt excited and tremulous, as if I was going out of my mind. As best I could I dragged on towards my home, but was afraid of people seeing me, lest they should think I was in drink. With great difficulty I reached home, but had not the power to open the door. A friend, seeing my trouble, came and helped me into the house. A doctor was sent for, but he said little or nothing as the cause of my seizure. I got no relief from his medicine, and for days I was not able to dress myself, and had to keep in the house."

This, briefly stated, is what happened at the meeting and immediately after it. But what was the matter? To answer this question we must hear Mr. Cruickshank a little further. He goes on to say: "Off and on I have suffered for thirty years from indigestion and stomach complaint. I always had a bad taste in the mouth, especially in the morning, and often had to go to my work in the coal mine without touching food. I could scarcely eat anything without having great pain after it, and grew so bad that I often had to leave my work for a day or two at a time. Now I would be better, now worse, but never well. What I suffered tongue cannot tell. Later on I was taken with sciatica and pains in the hip and groin, from which I suffered dreadfully. For weeks I could not bear the weight of my foot, and when in bed had to have my leg *swung* so as to give me rest."

At this point in Mr. Cruickshank's story

comes in the incident already related—the seizure at the meeting.

Then he adds: "From this time (November, 1886) I felt very weak; my legs would shake, and I trembled all over. There was a sinking, weak, sickly feeling at the pit of my stomach, with great fullness, as if the stomach were swelled or blown out. Every kind of herb or medicine that I could hear of I tried, but received very little benefit. In November, 1888, I got a book telling of a medicine called Seigel's Syrup (Shaker Extract), and I made up my mind to try it. So I procured a bottle from Mr. Elliott's, the grocer in Willington, and after taking the first bottle I felt much better and stronger, and after taking *four* bottles I was cured. All the pain completely left me, and I have never ailed anything since. I am a local preacher, and before taking the Syrup could only fill appointments near home, but *now* I can go anywhere, and recently *I walked five miles with ease*, notwithstanding I am seventy-seven years of age. You are at liberty to publish my statement, and to say I will answer the inquiries of other sufferers about my case.

"WILLIAM CRUICKSHANK,

"11 Commercial Street,

"Willington, near Durham."

In the light of these facts, the nature of the seizure at the meeting is as plain as can be. It was *paralysis*, which might have crippled him for life, or proved fatal on the spot. It was caused by *bile acids in the blood*, which are the products of indigestion and dyspepsia, of which Mr. C. had so long been a victim. More than 90 per cent. of the nervous disorders of people of every age are due to the stomach and liver—indigestion and dyspepsia. Seigel's Syrup (Shaker Extract) thoroughly cured this, and thus gave our good friend, the local preacher, a fresh lease of life and power to continue his praiseworthy work.

The Thoughtful Manager.

Mrs. De Style (in the theatre box) —What was this placard, "No Loud Talking," put in our box for?
Mrs. Fourhundred (after reflection)—I presume the manager left it here so we could show it to the people on the stage when their chatter interrupts our conversation.

What a Lot!

It is estimated that since the art of printing was invented not less than fifteen million volumes have been published. Well there's always room for another provided it's a good one. That is why this almanac is printed every year and sent to the great army of our friends who wait for it and then read every word in it. And if, while doing so, any of them happen to suffer from any ache, pain or distress that can be reached from the outside, we beg to recommend the immediate application of a Shaker Soothing Plaster to the sore spot. The speedy relief which follows will enable them to enjoy all the more the good and true things that make up this modest and useful little work.



Both of a Mind.

Sanso—The one delight of my life is making money.
Mrs. Sanso—And the one delight in my life is spending money. How admirably mated we are!

It Quiets all Things.

"For the mother knew that music was an ever sovereign balm; she had sprinkled it over sorrow and seen its brow grow calm," says Dr. Holmes in one of his pleasant poems. Yes, indeed. Music has power to soothe the savage breast, and so has the Shaker Soothing Plaster—savage or civilized; breast, back or sides. It just warms and quiets the ache in the tired, strained muscle, and you have no more sense of it, nor of how it is done, than you have of how the sun makes the grass grow. And you don't have to "sprinkle" anything either, you simply stick the plaster where you want it and there you are—all right.

Why They Could Not Begin.

Amy (at the football grounds)—Why don't they begin to play?
Dolley.—The surgeons haven't arrived yet.

6th MONTH.

JUNE, 1892

30 DAYS.

| Day Yr. Day Mo. Day Wk. | | | Eastern States, Northern part of New York, Mich., Wis., Ia., Minn., Neb., Dakota, Oregon, Wyo., Mont., Wash., and Idaho. | | | New York, New Jersey, Penn., Md., Va., West Va., Mo., Ohio, Ind., Ill., Ky., Kans., Neb., Col., Utah, Nevada, Upper Cal. | | | N. and S. Carolina, Tex., Tenn., Ga., N. Mex., Florida, Ala., La., Ark., Miss., Ariz., Middle and Southern Cal., Indian Ter. | | | First Quarter, Full Moon, Last Quarter, New Moon. | | | MOON'S PHASES. | | |
|-------------------------|----|---|--|-------|--------|--|-------|--------|--|-------|-------|---|-------|-------|----------------|-------|-------|
| | | | Sun Rises. Sun Sets. Moon Sets. | | | Sun Rises Sun Sets Moon Sets High Water. | | | Sun Rises. Sun Sets Moon Sets. | | | | | | | | |
| | | | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. |
| 153 | 1 | W | 4 25 | 7 30 | 0 30 | 4 31 | 7 25 | 0 26 | 1 1 | 4 59 | 6 56 | 0 6 | 4 59 | 6 57 | 0 6 | 4 59 | 6 57 |
| 154 | 2 | T | 4 25 | 7 31 | 0 54 | 4 30 | 7 26 | 0 52 | 1 52 | 4 59 | 6 57 | 0 38 | 4 59 | 6 57 | 0 38 | 4 59 | 6 57 |
| 155 | 3 | F | 4 24 | 7 32 | 1 15 | 4 30 | 7 26 | 1 14 | 2 43 | 4 58 | 6 58 | 1 7 | 4 58 | 6 58 | 1 7 | 4 58 | 6 58 |
| 156 | 4 | S | 4 24 | 7 33 | 1 34 | 4 29 | 7 27 | 1 34 | 3 32 | 4 58 | 6 58 | 1 31 | 4 58 | 6 58 | 1 31 | 4 58 | 6 58 |
| 157 | 5 | S | 4 24 | 7 33 | 1 53 | 4 29 | 7 28 | 1 54 | 4 20 | 4 58 | 6 58 | 2 0 | 4 58 | 6 58 | 2 0 | 4 58 | 6 58 |
| 158 | 6 | T | 4 23 | 7 34 | 2 12 | 4 29 | 7 28 | 2 14 | 5 6 | 4 58 | 6 59 | 2 27 | 4 58 | 6 59 | 2 27 | 4 58 | 6 59 |
| 159 | 7 | W | 4 23 | 7 34 | 2 33 | 4 29 | 7 29 | 2 37 | 5 51 | 4 58 | 6 59 | 2 55 | 4 58 | 6 59 | 2 55 | 4 58 | 6 59 |
| 160 | 8 | T | 4 23 | 7 35 | 2 53 | 4 28 | 7 29 | 3 3 | 6 38 | 4 58 | 7 0 | 3 28 | 4 58 | 7 0 | 3 28 | 4 58 | 7 0 |
| 161 | 9 | F | 4 23 | 7 36 | 3 26 | 4 28 | 7 30 | 3 33 | 7 27 | 4 58 | 7 0 | 4 4 | 4 58 | 7 0 | 4 4 | 4 58 | 7 0 |
| 162 | 10 | F | 4 22 | 7 36 | riser. | 4 28 | 7 31 | riser. | 8 13 | 4 58 | 7 1 | riser. | 4 58 | 7 1 | riser. | 4 58 | 7 1 |
| 163 | 11 | S | 4 22 | 7 37 | 9 11 | 4 28 | 7 31 | 9 4 | 8 59 | 4 58 | 7 1 | 8 31 | 4 58 | 7 1 | 8 31 | 4 58 | 7 1 |
| 164 | 12 | S | 4 22 | 7 37 | 10 1 | 4 28 | 7 32 | 9 55 | 9 39 | 4 58 | 7 1 | 9 24 | 4 58 | 7 1 | 9 24 | 4 58 | 7 1 |
| 165 | 13 | M | 4 22 | 7 38 | 10 43 | 4 28 | 7 32 | 10 38 | 10 26 | 4 58 | 7 2 | 10 11 | 4 58 | 7 2 | 10 11 | 4 58 | 7 2 |
| 166 | 14 | T | 4 22 | 7 38 | 11 18 | 4 28 | 7 32 | 11 14 | 11 13 | 4 58 | 7 2 | 10 52 | 4 58 | 7 2 | 10 52 | 4 58 | 7 2 |
| 167 | 15 | W | 4 22 | 7 39 | 11 46 | 4 28 | 7 33 | 11 43 | eve. | 4 58 | 7 2 | 11 29 | 4 58 | 7 3 | morn. | 4 58 | 7 3 |
| 168 | 16 | T | 4 22 | 7 39 | morn. | 4 28 | 7 33 | morn. | 0 51 | 4 59 | 7 3 | 0 03 | 4 59 | 7 3 | 0 03 | 4 59 | 7 3 |
| 169 | 17 | F | 4 23 | 7 39 | 0 12 | 4 28 | 7 33 | 0 10 | 1 41 | 4 59 | 7 3 | 0 35 | 4 59 | 7 3 | 0 35 | 4 59 | 7 3 |
| 170 | 18 | S | 4 23 | 7 40 | 0 35 | 4 28 | 7 34 | 0 35 | 2 38 | 4 59 | 7 4 | 1 7 | 4 59 | 7 4 | 1 7 | 4 59 | 7 4 |
| 171 | 19 | S | 4 23 | 7 40 | 0 57 | 4 28 | 7 34 | 0 59 | 3 41 | 4 59 | 7 4 | 1 41 | 4 59 | 7 4 | 1 41 | 4 59 | 7 4 |
| 172 | 20 | M | 4 23 | 7 40 | 1 22 | 4 29 | 7 34 | 1 25 | 4 39 | 4 59 | 7 4 | 2 19 | 4 59 | 7 4 | 2 19 | 4 59 | 7 4 |
| 173 | 21 | T | 4 23 | 7 40 | 1 50 | 4 29 | 7 35 | 1 54 | 5 40 | 4 59 | 7 4 | 3 1 | 4 59 | 7 4 | 3 1 | 4 59 | 7 4 |
| 174 | 22 | W | 4 24 | 7 40 | 2 23 | 4 29 | 7 35 | 2 29 | 6 42 | 5 0 | 7 4 | 3 1 | 5 0 | 7 4 | 3 1 | 5 0 | 7 4 |
| 175 | 23 | F | 4 24 | 7 41 | sets. | 4 29 | 7 35 | sets. | 7 44 | 5 0 | 7 4 | sets. | 5 0 | 7 4 | sets. | 5 0 | 7 4 |
| 176 | 24 | S | 4 24 | 7 41 | 8 22 | 4 30 | 7 35 | 8 15 | 8 41 | 5 0 | 7 5 | 7 38 | 5 0 | 7 5 | 7 38 | 5 0 | 7 5 |
| 177 | 25 | S | 4 24 | 7 41 | 9 15 | 4 30 | 7 35 | 9 8 | 9 20 | 5 0 | 7 5 | 8 34 | 5 0 | 7 5 | 8 34 | 5 0 | 7 5 |
| 178 | 26 | T | 4 25 | 7 41 | 9 57 | 4 30 | 7 35 | 9 51 | 10 13 | 5 1 | 7 5 | 9 22 | 5 1 | 7 5 | 9 22 | 5 1 | 7 5 |
| 179 | 27 | W | 4 25 | 7 41 | 10 29 | 4 31 | 7 35 | 10 25 | 10 59 | 5 1 | 7 5 | 10 2 | 5 1 | 7 5 | 10 2 | 5 1 | 7 5 |
| 180 | 28 | T | 4 26 | 7 41 | 10 55 | 4 31 | 7 35 | 10 53 | 11 43 | 5 2 | 7 5 | 10 36 | 5 2 | 7 5 | 10 36 | 5 2 | 7 5 |
| 181 | 29 | W | 4 26 | 7 41 | 11 18 | 4 32 | 7 35 | 11 16 | morn. | 5 2 | 7 5 | 11 7 | 5 2 | 7 5 | 11 7 | 5 2 | 7 5 |
| 182 | 30 | T | 4 26 | 7 41 | 11 38 | 4 32 | 7 35 | 11 37 | 0 24 | 5 2 | 7 5 | 11 34 | 5 2 | 7 5 | 11 34 | 5 2 | 7 5 |

Jacob, with the heavens for a tent, and the stones for a pillow, saw in his dream the Angels ascending and descending. Happy young man. He was far from home, but not worried. His stomach was sound and his nerves tuned like harp strings. Alas! some of us don't sleep so well nor have such pleasant dreams. We are ridden by bilious nightmares. We will scare them away with Shaker Family Pills.

Nervous Debility

Does the reader know exactly what is meant by these words? We will try to make the matter plain. All the feeling and all the motion which belong to the human body arise from the nerves. They are telegraph wires, and the main office is the brain. Now, like all other parts of the body, the nerves are fed and kept in order by nourishment carried to them by the blood. When the blood is pure and rich, the nerves are always sound and strong. But, on the other hand, when the blood is thin and poor and (worse still) full of poisonous humors and acids sent into it by the sour food that lies undigested in the stomach and bowels, then the nerves are weak and disordered. This state of things is Nervous Debility. It is not so much a disease in itself as the result and symptom of a disease—namely, indigestion and dyspepsia. Yet no complaint is harder to bear or more deserves our sympathy. The patient is prostrated in body and in mind. He passes sleepless nights; his

appetite fails; he has no ambition to labor, to think, or even to read; the least surprise or excitement disturbs or upsets him; he is full of anxious fears; his muscles twitch; he has strange aches and pains that shift from place to place; he feels like avoiding company; he is restless and irritable, and cannot imagine what ails him. Long continued, this malady is apt to lead to loss of mind or even insanity.

One word as to what to do. Don't take any so-called "nerve" medicines. They are narcotics and worse than the disease. You need nothing but Seigel's Syrup (Shaker Extract), which will first set right the digestion and then purify the blood of the poisons which have caused this trouble. Then comes a good appetite—the nerves are fed and strengthened—and soon this depressing and dangerous nervous debility is gone. This is the only way to cure any nervous disorder. Begin with the cause, and ask: Is anything the matter with my digestion?

The Mother's Last Shilling.

"One night in the spring of 1866 Mrs. McPhee was sitting in her humble home in Glasgow. It was nearly time for her son, David, to be back from his work, and she was anxiously expecting him. Indeed her mind was full of sad thoughts about the condition of her family and herself. Her husband, who was a card-grinder, and employed at the Oak Bank Mill, Glasgow, for more than ten years, had died in 1882, leaving three children for her to take care of as best she could. He had long been in ill-health, and could only make about five dollars a week, and it kept them very poor. When at last he died there was no one left to earn bread for the family except David, then a lad of thirteen, and feeble

and ailing at that. Eight years had passed since then, and by God's mercy they had somehow lived and kept together.

While recalling these things Mrs. McPhee suddenly heard a sound as of somebody fumbling at the door and trying to enter. She went to the door and opened it, when who should come staggering in but David, looking so wan and exhausted that, as she says, she "expected to see him fall dead at her feet." All through that fearsome night he lay in agony. His loving mother nursed him faithfully, without resting or sleeping a moment. She gave him some medicine they chanced to have in the house, and applied hot flannels and fomentations. If anything were needed to make

(Continued on page 16.)

Barked Himself Sick.

A recent writer tells about a dog that barked at the echo of his own voice till he barked himself sick. What a fool of a dog. He didn't understand the principle of sound being thrown back from smooth surfaces. Yet there are human beings who don't know much more than he did. For instance, it is nonsense to try to cure disease by taking opium or some other dangerous narcotic to deaden the pain of it. The only true way is to expel or to withdraw the poison which causes the malady, from the system. In all ailments accompanied with muscular pain and superficial inflammation, the Shaker Soothing Plaster does this to the surprise and delight of all who have made the experiment.

A Logical Sequence.

A tramp putting his head inside the door of a grocery, asked:

"Please, mister, gi' me a piece o' paper to wrap su'thin' in."

A piece of paper was given him; the door closed, but in a second opened again.

"Please gi' me su'thin' to wrap in it."



Had Enough.

"What sort of a man is young Cadley?" asked the tailor at the commercial agency.

"One of the most promising on our list."

"Thanks. That's all I want to know. I've enough promising young men on my books now to bankrupt a richer man."

His Buttered Toast.

Lord Castlereagh had a great quantity of buttered toast served up for breakfast the very day he killed himself. No doubt. Yet, had he possessed them, a dose of Shaker Family Pills would have relieved him indigestion and restrained him from suicide. A man had better risk a fight with a hungry lion than with a torpid liver.

Ripen on the Way.

Dashaway—Hold on, those oranges are green as grass! You don't mean to say that you would send me green oranges, do you?

Dealer (proudly)—Certainly not, sir. I thought you wanted them delivered by messenger boy.

7th MONTH.

JULY, 1892

31 DAYS.

| Day Yr. | Day Mo. | Day Wk. | Eastern States, Northern part of New York, Mich., Wis., Ia., Minn., Neb., Dakota, Oregon, Wyo., Mont., Wash. and Idaho | | | New York, New Jersey, Penn., Md., Va., West Va., Mo., Ohio, Ind., Ill., Ky., Kans., Neb., Cal., Utah, Nevada, Upper Cal. | | | | N. and S. Carolina, Tex., Tenn., Ga., N. Mex., Florida, Ala., La., Ark., Miss., Ariz., Middle and Southern Cal., Indian Ter. | | | |
|---------|---------|---------|--|----------|-----------|--|----------|-----------|------------|--|----------|-----------|----------------|
| | | | Sun Rises | Sun Sets | Moon Sets | Sun Rises | Sun Sets | Moon Sets | High Water | Sun Rises | Sun Sets | Moon Sets | |
| 183 | 1 | F | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | |
| 184 | 2 | S | 4 27 | 7 40 | 11 57 | 4 33 | 7 35 | 11 57 | 1 50 | 5 3 | 7 5 | morn. | First Quarter. |
| 185 | 3 | S | 4 28 | 7 40 | morn. | 4 33 | 7 35 | morn. | 1 50 | 5 3 | 7 5 | 0 1 | Full Moon. |
| 186 | 4 | M | 4 28 | 7 40 | 0 16 | 4 34 | 7 35 | 0 19 | 2 35 | 5 3 | 7 5 | 0 28 | Third Quarter. |
| 187 | 5 | T | 4 29 | 7 40 | 0 36 | 4 35 | 7 34 | 0 39 | 3 27 | 5 4 | 7 5 | 0 56 | First Quarter. |
| 188 | 6 | W | 4 29 | 7 40 | 0 59 | 4 35 | 7 34 | 1 4 | 4 19 | 5 4 | 7 5 | 1 26 | First Quarter. |
| 189 | 7 | T | 4 30 | 7 39 | 1 27 | 4 36 | 7 34 | 1 32 | 5 10 | 5 5 | 7 5 | 2 1 | First Quarter. |
| 190 | 8 | F | 4 31 | 7 39 | 2 1 | 4 36 | 7 33 | 2 7 | 6 4 | 5 5 | 7 4 | 2 41 | First Quarter. |
| 191 | 9 | S | 4 31 | 7 39 | 2 43 | 4 37 | 7 33 | 2 50 | 7 0 | 5 6 | 7 4 | 3 28 | First Quarter. |
| 192 | 10 | S | 4 32 | 7 38 | rises. | 4 37 | 7 33 | rises. | 7 55 | 5 6 | 7 4 | rises. | First Quarter. |
| 193 | 11 | M | 4 33 | 7 38 | 8 42 | 4 38 | 7 32 | 8 36 | 8 45 | 5 7 | 7 4 | 8 7 | First Quarter. |
| 194 | 12 | T | 4 34 | 7 37 | 9 19 | 4 39 | 7 32 | 9 14 | 9 30 | 5 7 | 7 4 | 8 52 | First Quarter. |
| 195 | 13 | W | 4 34 | 7 37 | 9 50 | 4 40 | 7 31 | 9 47 | 10 10 | 5 8 | 7 3 | 9 30 | First Quarter. |
| 196 | 14 | T | 4 35 | 7 36 | 10 16 | 4 40 | 7 31 | 10 14 | 10 56 | 5 8 | 7 3 | 10 5 | First Quarter. |
| 197 | 15 | F | 4 36 | 7 35 | 10 39 | 4 41 | 7 30 | 10 40 | 11 40 | 5 9 | 7 3 | 10 38 | First Quarter. |
| 198 | 16 | S | 4 37 | 7 35 | 11 3 | 4 42 | 7 30 | 11 3 | ev. 0 24 | 5 9 | 7 2 | 11 10 | First Quarter. |
| 199 | 17 | S | 4 38 | 7 34 | 11 29 | 4 43 | 7 29 | 11 28 | 1 12 | 5 10 | 7 2 | 11 42 | First Quarter. |
| 200 | 18 | M | 4 39 | 7 33 | 11 53 | 4 44 | 7 28 | 11 57 | 2 8 | 5 10 | 7 1 | morn. | First Quarter. |
| 201 | 19 | T | 4 39 | 7 33 | morn. | 4 44 | 7 28 | morn. | 3 10 | 5 11 | 7 1 | 0 18 | First Quarter. |
| 202 | 20 | W | 4 40 | 7 32 | 0 22 | 4 45 | 7 27 | 0 27 | 4 19 | 5 12 | 7 1 | 0 57 | First Quarter. |
| 203 | 21 | T | 4 41 | 7 31 | 1 0 | 4 46 | 7 26 | 1 7 | 5 25 | 5 12 | 7 0 | 1 43 | First Quarter. |
| 204 | 22 | F | 4 42 | 7 30 | 1 48 | 4 47 | 7 25 | 1 55 | 6 31 | 5 13 | 7 0 | 2 36 | First Quarter. |
| 205 | 23 | S | 4 43 | 7 29 | 2 46 | 4 48 | 7 25 | 2 53 | 7 24 | 5 13 | 6 59 | 3 35 | First Quarter. |
| 206 | 24 | S | 4 44 | 7 29 | sets. | 4 49 | 7 24 | sets. | 8 28 | 5 14 | 6 59 | sets. | First Quarter. |
| 207 | 25 | M | 4 45 | 7 28 | 8 27 | 4 50 | 7 23 | 8 23 | 9 11 | 5 14 | 6 58 | 7 57 | First Quarter. |
| 208 | 26 | T | 4 46 | 7 27 | 8 56 | 4 50 | 7 22 | 8 53 | 9 48 | 5 15 | 6 57 | 8 33 | First Quarter. |
| 209 | 27 | W | 4 47 | 7 26 | 9 20 | 4 51 | 7 21 | 9 17 | 10 29 | 5 16 | 6 57 | 9 5 | First Quarter. |
| 210 | 28 | T | 4 48 | 7 25 | 9 41 | 4 52 | 7 20 | 9 40 | 11 6 | 5 16 | 6 56 | 0 34 | First Quarter. |
| 211 | 29 | F | 4 49 | 7 24 | 9 59 | 4 53 | 7 19 | 10 0 | 11 43 | 5 17 | 6 56 | 10 1 | First Quarter. |
| 212 | 30 | S | 4 50 | 7 23 | 10 19 | 4 54 | 7 18 | 10 20 | morn. | 5 17 | 6 55 | 10 28 | First Quarter. |
| 213 | 31 | S | 4 51 | 7 21 | 10 38 | 4 55 | 7 17 | 10 41 | 0 20 | 5 18 | 6 54 | 10 55 | First Quarter. |
| 214 | 31 | S | 4 52 | 7 20 | 11 0 | 4 56 | 7 16 | 11 4 | 1 0 | 5 19 | 6 54 | 11 25 | First Quarter. |

MOON'S PHASES.

EASTERN DIVISION.

CENTRAL DIVISION.

The Persian sacred books say that in the beginning the devil invented 99,999 separate and distinct diseases, and has been getting up new ones ever since. This is all humbug. The verdict of science is all the other way. Instead of finding more and more maladies as time rolls on, the experts have ascertained that virtually there is only one, namely, constipation—cured by Shaker Family Pills.

the poor woman toil harder to save him it was the terrible thought, "What if David should be taken away! What then would become of his poor old mother and the children? for he is our bread-winner and all we have." In the morning he was a, little better, and the mother went to a doctor in Cowcaddens street, who prescribed some medicine and a blister plaster. This, David afterwards said, eased him a little, but left him so weak he could scarcely crawl.

The good lad got back to his work, but he was a pitiful sight to see. Yet he bravely stuck to his work for the sake of his dear mother and the younger children.

Only a few weeks ago, however, it was that David told the story which throws light on the event we have just described. He says: "I am twenty-one years old, and am at present employed at an Agricultural Implement Works, Cattle Market, in this city, Glasgow. I was weak and sickly from childhood. About five years ago I began to feel very bad. I could take no food that agreed with me, and had great pain after eating. I had a nasty, sticky taste in my mouth all day long, but worst in the morning, and a strange, sinking feeling at the pit of my stomach. Although I craved food, it did not satisfy me, but only caused me distress. I was then working at Woodsaid's Bronzing and Galvanizing Works, and thought that the fumes from the bronzing did not agree with me. I fell away to a shadow, as no food that I ate seemed to digest.

"Getting weaker and weaker, I gave up my employment and got another place, but was no better for the change, and one night, in the spring of 1886, I went home more dead than alive, and mother said she thought I would drop dead on the floor. From that time until November, 1889, I never knew what it was to be free from pain and suffering. I went to bed tired and got up tired, and it was the same all

day long. I was *that* drowsy I could sleep all day and all night, but was not a bit refreshed by it. So heavy and stupid my sleep was that my mother said if a drum was beat at my side it would not wake me. Last autumn I got so weak I could do no more than crawl about like an animal that is hurt, and I thought all was about over with me. My father went off in the same way. Mother was nearly heart-broken about me, and had given up all hope, when one day in November, 1889, I read in the *Catholic Times* of the wonderful cure of a railway guard by a medicine called Seigel's Syrup (Shaker Extract).

"I read the story to mother, and we were anxious to try the remedy, though we had small hopes of its curing one in my condition. We had lost so much work, and spent so much for medicines, that we could hardly afford the money to buy the Syrup. But mother said, '*David, you shall give this a trial,*' and she parted with her last shilling for a bottle, which she bought of Mr. Clelland, the chemist, in Argyle street.

"After the first few doses I got a little better, and after persevering with it a few weeks, I gradually got stronger, and went back to my work.

"You must not imagine that I got well all at once, for, having been ill all my life, it was impossible. But I soon began to eat better. All I took did me good; I slept like other people; the night sweats grew less; and, after taking six bottles, I was healthy, and strong for the first time since I was born into the world. It is only fair to say I owe my life to Seigel's Syrup (Shaker Extract)."

Our informant speaks of Mrs. McPhee as a fine-looking lady, and of David as a bonnie lad, who appears more like an educated clerk than a worker among machinery.

David's ailment was profound and chronic indigestion and dyspepsia. We

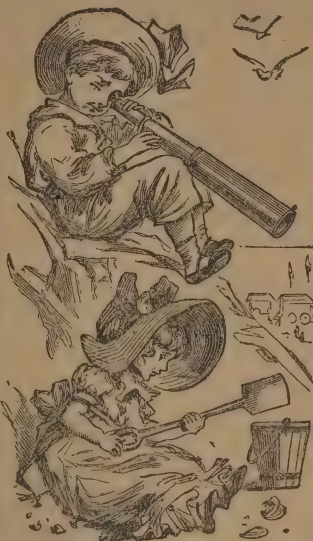
(Continued on page 18.)

Perhaps Noah's Wife.

What elderly fellow of us all does not remember the old-fashioned mustard plaster. What a pudgy, sloppy sort of thing it was; how bothersome to make, how disagreeable to wear. Thank mercy, it is gone out, with tallow candles and snuff boxes. But the principle of counter-irritation in the treatment of disease is established by centuries of experience. When begins the history of mustard plasters, and liniments of all sorts to redden the skin over a painful spot? Why, no question but Noah's wife made them on the family trip to Mt. Ararat. But the whole practice is now condensed into the use of porous plasters, and of these the Shaker Soothing Plaster deserves and enjoys the highest reputation.

Don't Do It.

"I feel, and watch, and count my pulsations by the hour sometimes." So says an American author who often suffers from the blues. A very bad habit. If his digestion is all right, his pulse will keep good time. Better take a dose of Shaker Family Pills and stop thinking of his machinery.



His Tough Cheek.
"I would rather have 'your cheek'" said a gentleman to a pettifoggery attorney, "than a license to steal." On such a hard, leathery cheek as that it isn't likely any outward application would have much effect. But on all ordinary styles of skin the Shaker Soothing Plaster acts at once in the line of its nature and purpose. For back-ache, muscular rheumatism, lumbago, aches from colds, sprains and strains, &c., it does what its name suggests—it soothes, calms, heals and helps, until you say, "Why on earth didn't I try the Shaker Soothing Plaster before?" We can't say why you didn't, but we are sure you won't forget in the future.

For Dandelions.

Yellow is a pretty color for a dandelion, but a ghastly color for the human skin. It means bile. Presently it will flood the entire system, and the mind too. Give your stupid and lazy liver a gentle prod with Shaker Family Pills, and in a day or two you will cease to look like a Chinese lantern, and to feel like a man sentenced to be hanged.

8th MONTH.

AUGUST, 1892

31 DAYS.

| Day Yr. | Day Mo. | Day Wk. | Eastern States, Northern part of New York, Mich., Wis., Ia., Minn., Neb., Dakotas, Oregon, Wyo., Mont., Wash. and Idaho. | | | | New York, New Jersey, Penn., Md., Va., West Va., Mo., Ohio, Ind., Ill., Ky., Kans., Neb., Col., Utah, Nevada, Upper Cal. | | | | N. and S. Carolina, Tex., Tenn., Ga., N. Mex., Florida, Ala., La., Ark., Miss., Ariz., Idaho and Southern Cal., Indian Ter. | | | |
|---------|---------|---------|--|----------|--------|-----|--|----------|--------|-----|---|----------|-------|-----|
| | | | Sun Rises | Sun Sets | High | Low | Sun Rises | Sun Sets | High | Low | Sun Rises | Sun Sets | High | Low |
| 214 | 1 | M | 4 53 | 7 19 | 11 26 | | 4 57 | 7 15 | 11 31 | | 4 57 | 7 15 | 11 31 | |
| 215 | 2 | T | 4 54 | 7 18 | 11 27 | | 4 58 | 7 14 | | | 5 10 | 7 12 | 11 30 | |
| 216 | 3 | W | 4 55 | 7 17 | morn. | | 4 59 | 7 13 | 0 3 | | 5 10 | 7 12 | 11 30 | |
| 217 | 4 | T | 4 56 | 7 16 | 0 35 | | 5 0 | 7 12 | 0 42 | | 5 10 | 7 12 | 11 30 | |
| 218 | 5 | F | 4 57 | 7 14 | 1 23 | | 5 0 | 7 10 | 1 31 | | 5 10 | 7 12 | 11 30 | |
| 219 | 6 | S | 4 58 | 7 13 | 2 22 | | 5 2 | 7 9 | 2 29 | | 5 10 | 7 12 | 11 30 | |
| 220 | 7 | S | 4 59 | 7 12 | 3 30 | | 5 3 | 7 8 | 3 33 | | 5 10 | 7 12 | 11 30 | |
| 221 | 8 | M | 5 0 | 7 11 | rises. | | 5 4 | 7 7 | rises. | | 5 10 | 7 12 | 11 30 | |
| 222 | 9 | T | 5 1 | 7 9 | 8 18 | | 5 5 | 7 6 | 8 16 | | 5 10 | 7 12 | 11 30 | |
| 223 | 10 | W | 5 2 | 7 8 | 8 43 | | 5 6 | 7 4 | 8 42 | | 5 10 | 7 12 | 11 30 | |
| 224 | 11 | T | 5 3 | 7 6 | 9 6 | | 5 7 | 7 3 | 9 9 | | 5 10 | 7 12 | 11 30 | |
| 225 | 12 | F | 5 4 | 7 5 | 9 39 | | 5 8 | 7 2 | 9 32 | | 5 10 | 7 12 | 11 30 | |
| 226 | 13 | S | 5 5 | 7 4 | 9 55 | | 5 9 | 7 0 | 9 58 | | 5 10 | 7 12 | 11 30 | |
| 227 | 14 | S | 5 7 | 7 2 | 10 23 | | 5 10 | 6 59 | 10 29 | | 5 10 | 7 12 | 11 30 | |
| 228 | 15 | M | 5 8 | 7 1 | 10 59 | | 5 11 | 6 58 | 11 5 | | 5 10 | 7 12 | 11 30 | |
| 229 | 16 | T | 5 9 | 6 59 | 11 43 | | 5 12 | 6 56 | 11 50 | | 5 10 | 7 12 | 11 30 | |
| 230 | 17 | W | 5 10 | 6 58 | morn. | | 5 13 | 6 55 | morn. | | 5 10 | 7 12 | 11 30 | |
| 231 | 18 | T | 5 11 | 6 56 | 0 36 | | 5 14 | 6 54 | 0 44 | | 5 10 | 7 12 | 11 30 | |
| 232 | 19 | F | 5 12 | 6 55 | 1 40 | | 5 15 | 6 52 | 1 47 | | 5 10 | 7 12 | 11 30 | |
| 233 | 20 | S | 5 13 | 6 54 | 2 48 | | 5 16 | 6 50 | 2 54 | | 5 10 | 7 12 | 11 30 | |
| 234 | 21 | S | 5 14 | 6 52 | sets. | | 5 17 | 6 49 | sets. | | 5 10 | 7 12 | 11 30 | |
| 235 | 22 | M | 5 15 | 6 50 | 7 22 | | 5 18 | 6 47 | 7 20 | | 5 10 | 7 12 | 11 30 | |
| 236 | 23 | T | 5 13 | 6 43 | 7 44 | | 5 19 | 6 46 | 7 43 | | 5 10 | 7 12 | 11 30 | |
| 237 | 24 | W | 5 17 | 6 47 | 8 3 | | 5 20 | 6 44 | 8 3 | | 5 10 | 7 12 | 11 30 | |
| 238 | 25 | T | 5 18 | 6 45 | 8 22 | | 5 21 | 6 43 | 8 24 | | 5 10 | 7 12 | 11 30 | |
| 239 | 26 | F | 5 19 | 6 44 | 8 42 | | 5 22 | 6 41 | 8 44 | | 5 10 | 7 12 | 11 30 | |
| 240 | 27 | S | 5 20 | 6 42 | 9 2 | | 5 23 | 6 40 | 9 6 | | 5 10 | 7 12 | 11 30 | |
| 241 | 28 | S | 5 21 | 6 40 | 9 26 | | 5 24 | 6 38 | 9 31 | | 5 10 | 7 12 | 11 30 | |
| 242 | 29 | M | 5 23 | 6 39 | 9 54 | | 5 25 | 6 37 | 10 0 | | 5 10 | 7 12 | 11 30 | |
| 243 | 30 | T | 5 24 | 6 37 | 10 28 | | 5 26 | 6 35 | 10 15 | | 5 10 | 7 12 | 11 30 | |
| 244 | 31 | W | 5 25 | 6 35 | 11 11 | | 5 26 | 6 33 | 11 19 | | 5 10 | 7 12 | 11 30 | |

"Keep out of the law," says old Krook in Bleak House. "For it's being ground to bits in a slow mill; it's being roasted at a slow fire; it's being stung to death by single bees; it's being dropped by drops; it's going mad by grains." Yes, it's a deal like dying of constipation, indigestion and dyspepsia. Beastly bad things, all of them. Shaker Family Pills can't prevent a man from getting into trouble, but they can clear his head and help him to find the way out.

extend our congratulations to his mother and himself, and earnestly hope they will from this time on enjoy health, happiness, and prosperity.

Fevers and Inflammation

Let us take a simple illustration. Suppose you run a sliver into your finger. Unless it is at once got out, the place swells, throbs, and grows red, sore and painful. Everybody has had plenty of experiences of that sort. Well, that is a *local* fever. Ointments, liniments, etc., are of no use. There is only one thing to be done—extract the sliver. The sore spot soon gets well of itself. If you understand this, you understand all kinds of fevers, no matter what long, hard names the doctors call them by. In plain English, there is a sliver somewhere in the body. Not a piece of wood, but some manner of poison which nature is vainly trying to get rid of.

Where do these fever poisons come from? That is the next question. A few are taken into the system from the air through the lungs, but most of them get into the blood by way of the stomach and bowels. That is to say, they arise in the fermented food which the weak or torpid digestion has not the power to expel by the regular channels. In the business of throwing this foul and death-dealing stuff overboard, the liver, the kidneys, the lungs and the skin are supposed to help one another. And in fact they do so when they are healthy. But when they are dull and worn out from overwork, they cannot perform the task, and so the poison is carried all over the system by the blood. This is, of course, clear to the reader. Very well. When the poison has had time to settle in the weak spots, it acts like the sliver we have talked about—it sets up inflammation, and when the heat has spread through the whole system (as it will), we

call it a fever. Different poisons change the action of the fever somewhat, but the general result is the same.

Now, no good physician ever treats a fever *as* a fever, because he knows the fever is merely a fire that is kept going by the fuel which is put on it. He therefore attempts to stop the supply of fuel. In other words, he tries to turn out the poison and prevent any more coming in. And this is exactly the work done by Seigel's Syrup (Shaker Extract)—better than any other prescription or medicine can do it. The Syrup first arouses the liver, skin, kidneys and bowels to action, and causes them to take the poison from the blood and eject it from the body. This is a blessed house cleaning. Then this potent but gentle healer goes to work to set things straight at the foundation. It cures the indigestion and dyspepsia, which are at the bottom of all the mischief. It cleanses away the deadly humors, acids and gasses, and gets Nature's machinery in motion. This ends the fever—the fire is put out—and good health returns like a bird to its nest when the tempest has ceased threshing the tree-top.

In a single sentence, Seigel's Syrup (Shaker Extract) *acts like a charm upon the blood*. It purifies it, and strength, life and happiness follow.

A New York Doctor's Opinion.

"This system of bleaching and powdering and rouging the face to make the complexion bright, is the greatest nonsense I know anything about. If the stomach is in order, the complexion will be all right; and if it isn't, everything—nerves, eyes, circulation, temperature—will be wrong. That's where the trouble comes from, and until the right sort of food is taken and digested, you can't have health, good looks, good temper or good ideas. The human digestion is a noble arrangement frightfully abused."

The Prodigal Family.

Prodigal Son—I come to you with a heavy heart.

Prodigal Father—And a light pocketbook. I know all about that. How much do you need now?

Don't Want to Die.

Everybody wants to live as long as he can. The main object of medical science is to prolong life. This can only be done by preventing all departures from health and by curing disease when it has been once set up. As life begins in, and is continued by, the digestive organs, Shaker Family Pills, the best known stimulant and cathartic, do much to confer length of days and the happiness that accompanies good health.

A Great Drawback.

Goslin—Do you like pajamas, Goslin?

Goslin—Yes, I am vewy fond of them, doncherknow; but I can't find a chef in this country who can cook them as they ought to be cooked, like they do in deah old England.



Drunk and Happy.

A workman in England one day pulled his wife out of a ditch with the remark, "Why, Nanny, you're drunk." To which she made answer, "And what do that argify so long as I'm happy?" Exactly, but there are some conditions under which it is hard work to be happy. For instance, under persistent or disabling physical pain. It is possible for people with nerves and pluck to "grin and bear it," but it is better to put on a Shaker Soothing Plaster and cure it. When you next suffer from any ache or pain in the chest, sides, back or limbs, remember what we say. For there is no happiness to be compared with that which follows relief from suffering.

A Pleasant Surprise.

Detective—Is this Mr. Hardup? Hardup—(uneasily)—Yes, but I'm very busy, and can't talk to you. Call again.

Detective—I have a warrant for your arrest.

Hardup (relieved)—Oh! I thought you had a bill.

9th MONTH.

SEPTEMBER, 1892

30 DAYS.

| Day Yr. | Day Mo. | Day Wk. | Eastern States, Northern part of New York, Mich., Wis., Ia., Minn., Neb., Dakota, Oregon, Wyo., Mont., Wash. and Idaho. | | | New York, New Jersey, Penn., Md., Va., West Va., Mo., Ohio, Ind., Ill., Ky., Kans., Neb., Col., Utah, Nevada, Upper Cal. | | | | N. and S. Carolina, Tex., Tenn., Ga., N. Mex., Florida, Ala., La., Ark., Miss., Ariz., Middle and Southern Cal., Indian Ter. | | | |
|---------|---------|---------|---|-----------|------------|--|-----------|------------|-------------|--|-----------|------------|--|
| | | | Sun Rises. | Sun Sets. | Moon Sets. | Sun Rises. | Sun Sets. | Moon Sets. | High Water. | Sun Rises. | Sun Sets. | Moon Sets. | |
| 245 | 1 | T | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | |
| 246 | 2 | F | 5 26 | 6 34 | morn. | 5 27 | 6 32 | morn. | 8 0 | 5 37 | 6 22 | morn. | |
| 247 | 3 | S | 5 27 | 6 32 | 0 5 | 5 28 | 6 30 | 0 12 | 4 8 | 5 38 | 6 21 | 0 51 | |
| 248 | 4 | M | 5 28 | 6 30 | 1 8 | 5 29 | 6 29 | 1 15 | 5 13 | 5 38 | 6 20 | 1 51 | |
| 249 | 5 | T | 5 29 | 6 28 | 2 19 | 5 30 | 6 27 | 2 26 | 6 15 | 5 39 | 6 18 | 2 57 | |
| 250 | 6 | W | 5 30 | 6 27 | 3 35 | 5 31 | 6 25 | 3 40 | 7 14 | 5 39 | 6 17 | 4 4 | |
| 251 | 7 | T | 5 31 | 6 25 | rises. | 5 32 | 6 24 | rises. | 8 4 | 5 40 | 6 16 | rises. | |
| 252 | 8 | F | 5 32 | 6 23 | 7 8 | 5 33 | 6 22 | 7 8 | 8 40 | 5 41 | 6 15 | 7 9 | |
| 253 | 9 | S | 5 33 | 6 22 | 7 32 | 5 34 | 6 20 | 7 33 | 9 29 | 5 41 | 6 14 | 7 42 | |
| 254 | 10 | M | 5 34 | 6 20 | 7 58 | 5 35 | 6 19 | 7 30 | 10 7 | 5 42 | 6 12 | 8 18 | |
| 255 | 11 | T | 5 35 | 6 18 | 8 25 | 5 36 | 6 17 | 8 29 | 10 53 | 5 42 | 6 11 | 8 55 | |
| 256 | 12 | W | 5 36 | 6 16 | 8 59 | 5 37 | 6 15 | 9 4 | 11 41 | 5 43 | 6 10 | 9 40 | |
| 257 | 13 | T | 5 37 | 6 15 | 9 40 | 5 38 | 6 14 | 9 47 | eve. 34 | 5 43 | 6 9 | 10 26 | |
| 258 | 14 | F | 5 38 | 6 13 | 10 31 | 5 39 | 6 12 | 10 39 | 1 26 | 5 44 | 6 7 | 11 21 | |
| 259 | 15 | S | 5 40 | 6 11 | 11 30 | 5 40 | 6 10 | 11 37 | 2 46 | 5 44 | 6 6 | morn. | |
| 260 | 16 | M | 5 41 | 6 9 | morn. | 5 41 | 6 9 | morn. | 4 0 | 5 45 | 6 5 | 0 20 | |
| 261 | 17 | T | 5 42 | 6 8 | 0 38 | 5 42 | 6 7 | 0 45 | 5 5 | 5 45 | 6 4 | 1 23 | |
| 262 | 18 | F | 5 43 | 6 6 | 1 47 | 5 43 | 6 5 | 1 53 | 6 2 | 5 46 | 6 2 | 2 26 | |
| 263 | 19 | S | 5 44 | 6 4 | 2 56 | 5 44 | 6 3 | 3 1 | 6 54 | 5 46 | 6 1 | 3 27 | |
| 264 | 20 | M | 5 45 | 6 2 | 4 3 | 5 45 | 6 2 | 4 6 | 7 39 | 5 47 | 6 0 | 4 25 | |
| 265 | 21 | T | 5 46 | 6 0 | sets. | 5 46 | 6 0 | sets. | 8 17 | 5 48 | 5 59 | sets. | |
| 266 | 22 | F | 5 47 | 5 59 | 6 28 | 5 47 | 5 58 | 6 29 | 8 53 | 5 48 | 5 57 | 6 31 | |
| 267 | 23 | S | 5 48 | 5 57 | 6 46 | 5 48 | 5 57 | 6 48 | 9 23 | 5 49 | 5 56 | 6 58 | |
| 268 | 24 | M | 5 49 | 5 55 | 7 6 | 5 49 | 5 55 | 7 9 | 9 53 | 5 49 | 5 55 | 7 25 | |
| 269 | 25 | T | 5 50 | 5 53 | 7 28 | 5 50 | 5 53 | 7 3 | 10 28 | 5 50 | 5 54 | 7 55 | |
| 270 | 26 | F | 5 51 | 5 52 | 7 54 | 5 51 | 5 52 | 8 0 | 11 9 | 5 50 | 5 52 | 8 28 | |
| 271 | 27 | S | 5 52 | 5 50 | 8 26 | 5 52 | 5 50 | 8 32 | 11 49 | 5 51 | 5 51 | 9 6 | |
| 272 | 28 | M | 5 53 | 5 48 | 9 4 | 5 53 | 5 48 | 9 12 | morn. | 5 51 | 5 50 | 9 49 | |
| 273 | 29 | T | 5 55 | 5 46 | 9 52 | 5 54 | 5 47 | 10 0 | 0 36 | 5 52 | 5 49 | 10 39 | |
| 274 | 30 | F | 5 56 | 5 45 | 10 50 | 5 55 | 5 45 | 10 58 | 1 32 | 5 53 | 5 47 | 11 36 | |
| | | | 5 57 | 5 43 | 11 57 | 5 56 | 5 43 | morn. | 2 35 | 5 53 | 5 46 | morn. | |

MOON'S PHASES.

EASTERN DIVISION.

CENTRAL DIVISION.

An idea! The old Duke of Queensbury paid his physicians on the plan adopted by the Chinese Emperors—so much per week for keeping him alive and well. Not a bad scheme, but how many doctors would make such a contract? Now, Shaker Family Pills act as a curative medicine, often in desperate cases, yet we would rather have them used as a preventive when signs of sickness first appear. Remember, you never can undo pain nor recover lost time.

Better Luck in Store.

"When that wave strikes me I shall be washed away and drowned!"

So cried a sailor, clinging to a half-sunken wreck, as he saw a tremendous sea rolling towards him. Yet he lived to tell the tale safe on shore.

"Before this time next week I shall be dead!"

So said a woman in a time of great fear. Yet she also lived—and still lives—to explain her situation.

Here is her story, told in her own words and in her own way. She says:—"One day in September, 1887, I stood at the top of a flight of eleven steps, about to go down. Suddenly I was taken with a giddy sensation. Everything seemed to swim around me, and I fell. I rolled to the bottom of the steps and was picked up insensible, with a broken arm. The doctor recommended rest and quietness. In a few days I was better, but still felt the shock to my nervous system.

"Then many bad symptoms appeared. I had an uncomfortable feeling all over me which I cannot describe. I couldn't eat; my appetite was gone. There was a foul taste in my mouth; pains in the sides, back and chest; coated tongue and a sense of weakness and distress in the stomach. I felt low and melancholy, and had anxieties and fears I could not trace to any particular cause. The doctor who attended me for some months said it was nervous debility, brought about by the shock.

"I got worse instead of better, and went to the London Hospital, Whitechapel Road, where I was an out-patient for several months, but I kept getting worse. They said I was suffering with shock, liver congestion, and debility. I was then sent to the Brighton Convalescent Home, where they treated me for fourteen days, and did little or no good. In a short time I began

to despair, and my husband and others who came to see me *thought I was doomed*. Thus I went on from month to month, expecting each week would be my last. Again and again I whispered solemnly to myself, 'Before this time next week I shall be dead!'

"I took no further interest in anything pertaining to this world; but, thank God! I have a good husband and a good home. My husband carried me from my bed every day, and placed me in the chair sofa, and tried to cheer me up and persuade me I would get better. But since I have really got well, he tells me he never in his heart believed his own words.

"My sister, too, came frequently to see me, and did all she could to ease my sufferings; but, being unable to resist what her own eyes showed her, she often said, '*You will never get better, Caroline.*'

"But who likes to read accounts of the troubles and sorrows of others? so much do each and all of us have of our own to bear. I crave your attention only for a few words more.

"I went on in this way—like one who stands on the crumbling edge of an open grave—until February, 1890, when a little book was left at my shop which told of the remarkable cures wrought by Seigel's Syrup (Shaker Extract). The narrative of the Policeman of Holyhead greatly impressed me. I said to my husband, 'The complaint that policeman suffered from is my complaint. The remedy that cured him may cure me.'

"I sent at once over to Messrs. Lacy & Co., the chemists, Whitechapel Road, for a bottle. It did me good. I could eat; but, better still, the food digested. Before this, when I swallowed a mouthful of solid food it seemed to turn to wind or sour acid and

(Continued on page 22)

Don't Lie to Indians.

General Thomas said that the prime essential in dealing with the Indians was always to tell the truth and to keep your promises. That is a mighty good plan in dealing with other parties besides Indians. Humbug and deception never pay in the long run. This may sound commonplace, but it's a practical business fact all the same. That's why we never allege that the Shaker Soothing Plaster will cure deeply seated disease, for they won't. Neither will any other plaster. But when it comes to all those aches, pains and sorenesses for which experience has shown an outward application to be available, you want to ask for a Shaker Soothing Plaster, and for nothing else.

A Family Party.

Rheumatic pains are usually associated with flatulence, heartburn, and other symptoms of deranged digestion. Expel the poison from the blood and correct the bowels and liver with a few doses of Shaker Family Pills.



Made Into Leather.

At a place in France there was once a tannery for human skins. The skins were of people who had been put to death by the guillotine. The skins of the men made pretty good leather, but the skins of the women proved too tender to be of much use. What an infernally barbarous business for men to go into, wasn't it? Now, the skin is one of the organs of excretion of the human body; disease passes away through it, when it is in good order. It is full of millions of pores, too small to be visible to the naked eye, and it is through these that the Shaker Soothing Plaster draws the poisons which cause so many of our troublesome and crippling ailments.

On the Mend.

Fond Grandmother—Understand Spanish? Speak French and German? What a talented little lady you are, to be sure!

The Little Lady (grandy)—Yes; and my governess says that after a while I may speak English correctly.

10th MONTH.

OCTOBER, 1892

31 DAYS.

| | | | | Eastern States, Northern part of New York, Mich., Wis., Ia., Minn., Neb., Dakota, Oregon, Wyo., Mont., Wash. and Idaho. | | | | New York, New Jersey, Penn., Md., Va., West Va., Mo., Ohio, Ind., Ill., Ky., Kans., Neb., Col., Utah, Nevada, Upper Cal. | | | | N. and S. Carolina, Tex., Tenn., Ga., N. Mex., Florida, Ala., La., Ark., Miss., Ariz., Middle and Southern Cal., Indian Ter. | | | | |
|-----|-----|---------|---------|---|-------|----------|-----------|--|-------|---------|-----------|--|-----------|-------|---------|-----------|
| Day | Yr. | Day Mo. | Day Wk. | Sun Rises | | Sun Sets | Moon Sets | Sun Rises | | SunSets | Moon Sets | High Water. | Sun Rises | | SunSets | Moon Sets |
| | | | | H. M. | H. M. | H. M. | | H. M. | H. M. | H. M. | H. M. | | H. M. | H. M. | H. M. | |
| 275 | 1 | | S | 5 58 | 5 41 | morn. | | 5 57 | 5 42 | 0 3 | 3 43 | | 5 54 | 5 45 | 0 37 | |
| 276 | 2 | | S | 5 59 | 5 39 | 1 9 | | 5 58 | 5 40 | 1 14 | 4 46 | | 5 54 | 5 44 | 1 42 | |
| 277 | 3 | | M | 6 0 | 5 38 | 2 24 | | 5 59 | 5 38 | 2 29 | 5 46 | | 5 55 | 5 43 | 2 49 | |
| 278 | 4 | | T | 6 1 | 5 36 | 3 42 | | 6 0 | 5 37 | 3 44 | 6 43 | | 5 56 | 5 42 | 3 57 | |
| 279 | 5 | | W | 6 2 | 5 34 | rises. | | 6 1 | 5 35 | rises. | 7 35 | | 5 56 | 5 40 | rises. | |
| 280 | 6 | | T | 6 3 | 5 32 | 5 56 | | 6 2 | 5 33 | 5 58 | 8 22 | | 5 57 | 5 39 | 6 12 | |
| 281 | 7 | | F | 6 5 | 5 31 | 6 23 | | 6 3 | 5 32 | 6 27 | 9 4 | | 5 57 | 5 38 | 6 49 | |
| 282 | 8 | | S | 6 6 | 5 29 | 6 55 | | 6 5 | 5 29 | 7 1 | 9 44 | | 5 58 | 5 37 | 7 31 | |
| 283 | 9 | | F | 6 7 | 5 27 | 7 35 | | 6 6 | 5 29 | 7 41 | 10 24 | | 5 59 | 5 36 | 8 18 | |
| 284 | 10 | | S | 6 8 | 5 26 | 8 23 | | 6 7 | 5 27 | 8 31 | 11 27 | | 5 59 | 5 35 | 9 13 | |
| 285 | 11 | | M | 6 9 | 5 24 | 9 23 | | 6 8 | 5 26 | 9 30 | ev. 0 25 | | 6 0 | 5 33 | 10 13 | |
| 286 | 12 | | T | 6 10 | 5 23 | 10 29 | | 6 9 | 5 24 | 10 36 | 1 27 | | 6 1 | 5 32 | 11 16 | |
| 287 | 13 | | W | 6 12 | 5 21 | 11 38 | | 6 10 | 5 22 | 11 44 | 2 25 | | 6 1 | 5 31 | morn. | |
| 288 | 14 | | T | 6 13 | 5 19 | morn. | | 6 11 | 5 21 | morn. | 3 42 | | 6 2 | 5 30 | 0 19 | |
| 289 | 15 | | F | 6 14 | 5 18 | 0 48 | | 6 12 | 5 19 | 0 53 | 4 43 | | 6 2 | 5 29 | 1 21 | |
| 290 | 16 | | S | 6 15 | 5 16 | 1 55 | | 6 13 | 5 18 | 1 58 | 5 30 | | 6 3 | 5 28 | 2 20 | |
| 291 | 17 | | M | 6 16 | 5 14 | 2 59 | | 6 14 | 5 16 | 3 2 | 6 16 | | 6 4 | 5 27 | 3 16 | |
| 292 | 18 | | T | 6 17 | 5 13 | 4 2 | | 6 15 | 5 15 | 4 3 | 7 0 | | 6 4 | 5 26 | 4 10 | |
| 293 | 19 | | W | 6 19 | 5 11 | 5 3 | | 6 16 | 5 13 | 5 3 | 7 40 | | 6 5 | 5 25 | 5 4 | |
| 294 | 20 | | T | 6 20 | 5 10 | sets. | | 6 18 | 5 12 | sets. | 8 20 | | 6 6 | 5 24 | sets. | |
| 295 | 21 | | F | 6 21 | 5 8 | 5 33 | | 6 19 | 5 11 | 5 37 | 8 52 | | 6 7 | 5 23 | 5 57 | |
| 296 | 22 | | S | 6 22 | 5 7 | 5 57 | | 6 20 | 5 9 | 6 2 | 9 25 | | 6 7 | 5 22 | 6 29 | |
| 297 | 23 | | M | 6 23 | 5 5 | 6 26 | | 6 21 | 5 8 | 6 32 | 9 59 | | 6 8 | 5 21 | 7 5 | |
| 298 | 24 | | T | 6 25 | 5 4 | 7 2 | | 6 23 | 5 6 | 7 9 | 10 41 | | 6 9 | 5 20 | 7 46 | |
| 299 | 25 | | W | 6 26 | 5 2 | 7 46 | | 6 23 | 5 5 | 7 54 | 11 26 | | 6 9 | 5 19 | 8 23 | |
| 300 | 26 | | T | 6 27 | 5 1 | 8 39 | | 6 24 | 5 4 | 8 47 | morn. | | 6 10 | 5 18 | 9 25 | |
| 301 | 27 | | F | 6 28 | 5 0 | 9 41 | | 5 26 | 5 2 | 9 48 | 0 15 | | 6 11 | 5 17 | 10 24 | |
| 302 | 28 | | S | 6 29 | 4 58 | 10 49 | | 6 27 | 5 1 | 10 55 | 1 8 | | 6 12 | 5 16 | 11 23 | |
| 303 | 29 | | M | 6 31 | 4 57 | morn. | | 6 28 | 5 0 | morn. | 2 9 | | 6 12 | 5 15 | morn. | |
| 304 | 30 | | T | 6 32 | 4 56 | 0 1 | | 6 29 | 4 59 | 0 6 | 3 12 | | 6 13 | 5 14 | 0 30 | |
| 305 | 31 | | W | 6 33 | 4 54 | 1 15 | | 6 30 | 4 57 | 1 19 | 4 14 | | 6 14 | 5 14 | 1 35 | |

| | | | | EASTERN DIVISION. | | | | CENTRAL DIVISION. | | | |
|--|--|--|--|-------------------|--|----------------|--|-------------------|--|----------------|--|
| | | | | Full Moon. | | Third Quarter. | | Full Moon. | | Third Quarter. | |
| | | | | New Moon. | | First Quarter. | | New Moon. | | First Quarter. | |
| | | | | 28 | | 12 | | 28 | | 12 | |
| | | | | 4 26 e. | | 1 24 e. | | 4 26 e. | | 1 24 e. | |
| | | | | D | | H M | | D | | H M | |
| | | | | 6 | | 1 12 m. | | 6 | | 0 13 m. | |
| | | | | 12 | | 4 38 e. | | 12 | | 8 38 e. | |
| | | | | 20 | | 1 24 e. | | 20 | | 0 24 e. | |
| | | | | 28 | | 4 26 e. | | 28 | | 8 36 e. | |

Who hasn't heard the saying about fruit? "Gold in the morning, silver at noon, lead at night." You cannot depend on any kind of fruit as a purgative, for it will not act in the same way on any two different persons. The only sure thing is Shaker Family Pills, which may be taken at any time most convenient to the person concerned. When a man feels dull and insipid in the evening, a dose of these health pearls, taken on retiring, will act nicely just after breakfast and send him to business with a brisk step and a clear head.

gas, and gave me such pain I fancied I had heart disease.

"I persevered with the medicine, and after taking six bottles I never felt so well in my life. I can now eat as heartily as any one, and am never distressed after taking food.

"In fact, I can now eat a jolly good dinner, and I leave you to imagine what a treat that is after being bad so long.

"My husband and relatives, as well as my neighbors, are all of my opinion—that Seigel's Syrup (Shaker Extract) saved my life.

"(Signed) MRS. CAROLINE SAGE,

"Wife of Mr. Henry Sage, Basket Maker and Stationer, 200 Whitechapel Road, London, E."

One point only in Mrs. Sage's statement needs a word of explanation. The fall downstairs, in which her illness apparently began, was in fact the result of the malady, which had for some time been undermining her nervous system—namely, indigestion and dyspepsia, and the giddiness which occasioned the fall was merely one of its symptoms.

First let us understand

The Bowels what is meant by this word. The bowels are simply a tube 25 feet long coiled up in the abdomen and reaching from the lower part of the stomach to the final exit from the body. After the food has been partly digested in the stomach it passes into this tube, where the work of digestion is continued. In a state of health the bile from the liver is poured upon the food while it is in the bowels. For a more full account of this, read the preceding paragraphs on the liver. It is in the bowels that indigestion and dyspepsia present the most afflicting symptoms. In lack of sufficient bile, and of the natural fluids to promote and assist digestion, the food becomes dried and

hardened throughout almost the entire extent of this long tube. It may be compared to a long railroad tunnel in which the trains become so jammed that they cannot move.

You can easily see what must now happen. The contents of the bowels become corrupt and putrid. They are like a quantity of kitchen refuse which gets sour in the sun. It "works" and develops poisonous acids and gasses which pass through into the blood and are distributed far and near over the body. A person troubled in this way is miserable indeed. His head aches, the abdomen becomes swollen and hard, his sides tremble and beat, there is much griping pain caused by the imprisoned gas, and that entire region is cold, lifeless and dead. In a word it is a sepulchre filled with decay and rottenness.

The only remedy is to be careful of the diet and to take Seigel's Syrup (Shaker Extract) freely as directed until this seething and horrible mass is moistened, dissolved and expelled. In all cases relief quickly follows the use of the Syrup, but in chronic and obstinate cases the medicine must be faithfully and patiently employed. Do this, and a final and perfect cure is certain.

Piles and Costiveness We are to speak now of two distinct things. Read again what we have said about the bowels and you will know precisely what is meant by costiveness. This difficulty, when long continued, produces what are called hemorrhoids or piles. They are blood vessels congested with blood, and inflamed. To get rid of them we must remove the cause, which is chronic constipation. Blind piles, bleeding piles, itching piles, disappear before the action of Seigel's Syrup (Shaker Extract), and are cured as effectually when high up in the bowels as when at their terminus.

She Is an Artist.

"I sat down at my machine and hammered away for three hours without stopping, and oh, how my poor back did ache after I got through." So said a pretty and intelligent typewriter—a girl, of course. When she reached home that night she took from a box a Shaker Soothing Plaster, and, by her mother's help, placed it right across the tired spot. Next day she pounded again on her machine from 9:30 to 6, and never knew she had a muscle in her body. And some of those young operators rattle the letters like a hail storm on a tin roof.

The Superiority of Man.

Jack—I don't see why you girls shouldn't hustle around like the rest of us and do things for yourselves! You could save lots of money by making your own hats and gowns.

Laura—I'd just like to know what you do for yourself?

Jack—I? Why, I've been making my own cigarettes ever since the first of January!



Their Fashion.

When one is sick, he wants to be cured without being killed in the operation. One of the main virtues of Shaker Family Pills is that they don't sicken and gripe you, and make you wish you had never heard of them. Slowly, gently, thoroughly—that is their fashion; as summer follows after winter.

A Light Sale.

Customer—How much are your violets?
Florist—One dollar and a half a hundred.

I'll take one.
One hundred?
No; one violet.
We never sell one.
Well, I shouldn't think you would at that price.

"We Hold Thee Safe."

Mrs. Coupons—Thomas says we must economize; all his securities are dropping lower every day.

Mrs. Van Gelt (a rich young widow)—Mine are all right, I know. I keep them in a safe deposit vault.

11th MONTH.

NOVEMBER, 1892

30 DAYS.

| Day | Yr. | Day Mo. | Day Wk. | Eastern States, Northern part of New York, Mich., Wis., Ia., Minn., Neb., Dakota, Oregon, Wyo., Mont., Wash. and Idaho. | | | New York, New Jersey, Penn., Md., Va., West Va., Mo., Ohio, Ind., Ill., Ky., Kans., Neb., Col., Utah, Nevada, Upper Cal. | | | N. and S. Carolina, Tex., Tenn., Ga., N. Mex., Florida, Ala., La., Ark., Miss., Ariz., Middle and Southern Cal., Indian Ter. | | | MOON'S PHASES. | | | EASTERN DIVISION. | CENTRAL DIVISION. |
|-----|-----|---------|---------|---|-----------|------------|--|-----------|------------|--|------------|-----------|----------------|------------|----------------|-------------------|-------------------|
| | | | | Sun Rises. | Sun Sets. | Moon Sets. | Sun Rises. | Sun Sets. | Moon Sets. | High Water. | Sun Rises. | Sun Sets. | Moon Sets. | Full Moon. | Third Quarter. | | |
| 306 | 1 | T | | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | | | |
| 307 | 2 | W | | 6 34 | 4 53 | 2 31 | 6 31 | 4 56 | 2 32 | 5 10 | 6 15 | 5 13 | 2 41 | | | | |
| 308 | 3 | T | | 6 36 | 4 52 | 3 48 | 6 33 | 4 55 | 3 48 | 6 6 | 6 15 | 5 12 | 3 48 | | | | |
| 309 | 4 | F | | 6 37 | 4 51 | 5 7 | 6 34 | 4 54 | 5 6 | 7 1 | 6 16 | 5 11 | 4 57 | | | | |
| 310 | 5 | S | | 6 38 | 4 49 | rises. | 6 35 | 4 53 | rises. | 7 53 | 6 17 | 5 11 | rises. | | | | |
| 311 | 6 | M | | 6 39 | 4 48 | 5 26 | 6 36 | 4 51 | 5 32 | 8 43 | 6 18 | 5 10 | 6 5 | | | | |
| 312 | 7 | T | | 6 41 | 4 47 | 6 11 | 6 37 | 4 50 | 6 18 | 9 30 | 6 19 | 5 9 | 6 58 | | | | |
| 313 | 8 | W | | 6 42 | 4 46 | 7 8 | 6 38 | 4 49 | 7 16 | 10 21 | 6 19 | 5 8 | 7 58 | | | | |
| 314 | 9 | T | | 6 43 | 4 45 | 8 14 | 6 40 | 4 48 | 8 22 | 11 18 | 6 20 | 5 8 | 9 3 | | | | |
| 315 | 10 | F | | 6 45 | 4 44 | 9 20 | 6 41 | 4 47 | 9 27 | ev. 0 15 | 6 21 | 5 7 | 10 6 | | | | |
| 316 | 11 | S | | 6 46 | 4 43 | 10 37 | 6 42 | 4 46 | 10 42 | 1 10 | 6 22 | 5 7 | 11 13 | | | | |
| 317 | 12 | M | | 6 47 | 4 42 | 11 46 | 6 43 | 4 45 | 11 50 | 2 10 | 6 23 | 5 6 | morn. | | | | |
| 318 | 13 | T | | 6 48 | 4 41 | morn. | 6 44 | 4 44 | morn. | 3 7 | 6 23 | 5 5 | 0 13 | | | | |
| 319 | 14 | W | | 6 50 | 4 40 | 0 50 | 6 46 | 4 44 | 0 53 | 4 0 | 6 24 | 5 5 | 1 11 | | | | |
| 320 | 15 | T | | 6 51 | 4 39 | 1 55 | 6 47 | 4 43 | 1 56 | 4 48 | 6 25 | 5 4 | 2 6 | | | | |
| 321 | 16 | F | | 6 52 | 4 38 | 2 56 | 6 48 | 4 42 | 2 56 | 5 32 | 6 26 | 5 4 | 2 59 | | | | |
| 322 | 17 | S | | 6 53 | 4 37 | 3 57 | 6 49 | 4 41 | 3 56 | 6 16 | 6 27 | 5 3 | 3 52 | | | | |
| 323 | 18 | M | | 6 54 | 4 36 | 4 59 | 6 50 | 4 40 | 4 57 | 6 59 | 6 28 | 5 3 | 4 46 | | | | |
| 324 | 19 | T | | 6 56 | 4 35 | 6 1 | 6 51 | 4 40 | 5 58 | 7 42 | 6 28 | 5 3 | 5 41 | | | | |
| 325 | 20 | W | | 6 57 | 4 35 | sets. | 6 53 | 4 39 | sets. | 8 23 | 6 29 | 5 3 | sets. | | | | |
| 326 | 21 | T | | 6 58 | 4 34 | 5 2 | 6 54 | 4 38 | 5 9 | 9 1 | 6 30 | 5 2 | 5 45 | | | | |
| 327 | 22 | F | | 6 59 | 4 33 | 5 44 | 6 55 | 4 38 | 5 52 | 9 40 | 6 31 | 5 2 | 6 31 | | | | |
| 328 | 23 | S | | 7 1 | 4 33 | 6 34 | 6 56 | 4 37 | 6 42 | 10 24 | 6 32 | 5 1 | 7 21 | | | | |
| 329 | 24 | M | | 7 2 | 4 32 | 7 34 | 6 57 | 4 37 | 7 41 | 11 10 | 6 33 | 5 1 | 8 18 | | | | |
| 330 | 25 | T | | 7 3 | 4 31 | 8 39 | 6 58 | 4 36 | 8 45 | 11 58 | 6 33 | 5 1 | 9 18 | | | | |
| 331 | 26 | W | | 7 4 | 4 31 | 9 48 | 6 59 | 4 36 | 9 53 | morn. | 6 34 | 5 1 | 10 20 | | | | |
| 332 | 27 | T | | 7 5 | 4 30 | 10 59 | 7 0 | 4 35 | 11 8 | 0 47 | 6 35 | 5 0 | 11 22 | | | | |
| 333 | 28 | F | | 7 6 | 4 30 | morn. | 7 2 | 4 35 | morn. | 1 39 | 6 36 | 5 0 | morn. | | | | |
| 334 | 29 | S | | 7 7 | 4 30 | 0 11 | 7 3 | 4 34 | 0 13 | 2 36 | 6 37 | 5 0 | 0 26 | | | | |
| 335 | 30 | T | | 7 9 | 4 29 | 1 24 | 7 4 | 4 34 | 1 25 | 3 33 | 6 38 | 5 0 | 1 29 | | | | |
| 336 | 31 | W | | 7 10 | 4 29 | 2 39 | 7 5 | 4 34 | 2 40 | 4 31 | 6 38 | 5 0 | 2 34 | | | | |

An interesting writer says: "I envy from my soul the man of Lapland who drinks the oil of tobacco as a stomatic, and has a skin as insensible as his stomach." Everybody to his notion. We don't envy him. Better have a natural stomach and a sensitive skin than to be a sort of human rhinoceros. Don't pray to be turned into leather, but when your digestion is out of order and your skin inflamed, rely on common sense and a week's experience of the virtues of Shaker Family Pills.

“Daddie,” she cried, “Here’s a Book.”

Where the child got the book I don’t remember this minute. She may have borrowed it, or it may have been left by accident where she found it. Anyway, she brought it to me and I read it; otherwise I should not possibly be talking to you now.

[COPY.]

“I, Henry Pryer, of Waverley Cottage, 46 Catherine street, Southsea, do solemnly and sincerely declare as follows :

“I am a shipwright by trade. A few years ago I had occasion to go to Africa. The climate of that country did not agree with me, and I consider my visit there as the foundation of my trouble. For years after I got back I suffered from malarial ague. These fits were sometimes so bad that if you happened to be downstairs you could hear the bed shake under me. I was always tired, and worse in the morning than when I went to bed. I had a wretched taste in the mouth, and the pain in my back and loins was dreadful. I ate little or nothing; I had a tight feeling across the chest, and great pain in the stomach and back. I was troubled with wind until once in a while I felt as if I might suffocate with the rising of it in my mouth and throat. I would even lie down on my face trying to ease it, but could not. The secretion from my kidneys was thick and high-colored, and loaded with matter that settled to the bottom, and it gave me so much pain that I groaned again. When I was at the worst the perspiration rolled off me until you could ring the water out of the sheets and clothing. During this time I had a doctor who attended me for six weeks. Finally he brought another physician to consult with him; then they said

they could do nothing for me, it was a case for the hospital. At first I refused to go to the hospital, but as I got worse a lady of position in Southsea, who had heard how bad I was, sent her own physician to examine me. He said if I did not go to the hospital and be operated upon, he would not answer for my living twenty-four hours longer. This being so, I went at once to the Landport Hospital, and was operated upon in less than three hours after I got there. This operation gave but little relief, and they operated upon me a second time. There I stayed six weeks, and when I left I was scarcely able to get home, and had lost twenty-two pounds in weight. Pretty soon the pains came on bad as ever, and I often said to my wife, ‘Oh, I wish I was dead.’ When the contents of the bladder passed off, the pain was like a knife cutting me open. I must not forget to mention that when I was in the hospital my case was of great interest to the doctors there, and as many as twelve of them saw me. But, when I asked the house surgeon what my complaint was, he would not tell me. One day, about this time, I was lying helpless in bed, when my little girl came running to the bedside, and said, ‘Daddie, here’s a book.’ It was one of Seigel’s Almanacs, and I read in it of a case where Seigel’s Syrup (Shaker Extract) had cured a person who had the same symptoms as mine. It was a chance, if no more. I sent for the medicine, and after the first few doses I felt relief. This encouraged me to keep on with the Syrup, and in a very short time I got back to my work, and passed the doctor as fit for work before I entered the dockyard. I continued to take the Syrup until I got quite

(Continued on page 26.)

No Doubt of It.

The longer a man lives the fewer grow the things he is sure of. But no new discovery is likely to set aside the theory of counter-irritation; that is, our ability to subdue inflammation in the body by setting up a little artificial heat on the surface immediately above it. This is the way all plasters operate, and of these the Shaker Soothing Plaster is the safest and most effective. Try one whenever you have a local pain, and see how quickly you will forget both the plaster and the pain.

We Are All In It.

We all have more or less of it, you know; backache, pain in the side and breast, lumbago, stiff muscles, soreness in the chest from having caught cold, and so on. What's the use of limping and groaning when a Shaker Soothing Plaster, or a piece of one, warmed and stuck squarely on the spot, will quiet the pain and take out the soreness? Try it on once and see how good a thing this plaster is when it is wanted. It doesn't raise a blister nor make any trouble whatever.



He Looks Worried.

In all cases of debility of the stomach the face wears an anxious and worried look. The white of the eye is rarely clear, and there are several chest symptoms which are apt to alarm the sufferer. The resemblance to consumption is often so close as to puzzle a good physician. But a few days' treatment with Shaker Family Pills will cure the real trouble and drive away all fear from the anxious mind.

The Size of it.

Kidder—I don't suppose you would take his weight in gold for your new baby, would you?

Nupop—N-N-No; I should hardly like to sell out at cost.

Are You Nervous?

You are nervous, are you? Well, it is a miserable condition, even if it is due largely to a morbid imagination. But the body commonly comes first, the mind afterwards. For your nervousness, stop fretting, take more open air exercise, and put the digestion in order with moderate doses of Shaker Family Pills.

12th MONTH.

DECEMBER, 1892

31 DAYS.

| Day Yr. Day Mo. Day Wk. | | | | Eastern States, Northern part of New York, Mich., Wis., Ia., Minn., Neb., Dakota, Oregon, Wyo., Mont., Wash. and Idaho. | | | | New York, New Jersey, Penn., Md., Va., West Va., Mo., Ohio, Ind., Ill. K., Kans., Neb., Col., Utah, Nevada, Upper Cal. | | | | N. and S. Carolina, Tex., Tenn., Ga., N. Mex., Florida, Ala., Ark., Miss., Ariz., Mich. and Southern Cal., Indian Ter. | | | |
|-------------------------|----|---|---|---|----------|-----------|--------|--|----------|-----------|------------|--|----------|-----------|--------|
| | | | | Sun Rises | Sun Sets | Moon Sets | | Sun Rises | Sun Sets | Moon Sets | High Water | Sun Rises | Sun Sets | Moon Sets | |
| 336 | 1 | T | F | H. M. | H. M. | H. M. | | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | H. M. | |
| 337 | 2 | T | F | 7 11 | 4 28 | 3 57 | | 7 6 | 4 33 | 3 55 | 5 30 | 6 39 | 5 0 | 3 42 | |
| 338 | 3 | T | F | 7 12 | 4 28 | 5 19 | | 7 7 | 4 33 | 5 15 | 6 29 | 6 40 | 5 0 | 4 54 | |
| 339 | 4 | T | F | 7 13 | 4 28 | | rises. | 7 8 | 4 33 | | rises. | 7 30 | 6 41 | 5 0 | rises. |
| 340 | 5 | T | F | 7 14 | 4 28 | 4 48 | | 7 9 | 4 33 | 4 55 | 8 28 | 6 41 | 5 0 | 5 37 | |
| 341 | 6 | T | F | 7 15 | 4 28 | 5 52 | | 7 10 | 4 33 | 5 59 | 9 20 | 6 42 | 5 0 | 6 42 | |
| 342 | 7 | T | F | 7 16 | 4 28 | 7 8 | | 7 11 | 4 33 | 7 10 | 10 10 | 6 43 | 5 0 | 7 50 | |
| 343 | 8 | T | F | 7 17 | 4 28 | 8 18 | | 7 12 | 4 33 | 8 24 | 11 4 | 6 44 | 5 0 | 8 58 | |
| 344 | 9 | T | F | 7 18 | 4 28 | 9 31 | | 7 13 | 4 33 | 9 35 | 11 54 | 6 44 | 5 1 | 10 2 | |
| 345 | 10 | T | F | 7 18 | 4 28 | 10 41 | | 7 13 | 4 33 | 10 43 | ev. 0 43 | 6 45 | 5 1 | 11 3 | |
| 346 | 11 | T | F | 7 19 | 4 28 | 11 45 | | 7 14 | 4 33 | 11 46 | 1 31 | 6 46 | 5 1 | 11 59 | |
| 347 | 12 | T | F | 7 20 | 4 28 | morn. | | 7 15 | 4 33 | morn. | 2 20 | 6 47 | 5 1 | morn. | |
| 348 | 13 | T | F | 7 21 | 4 28 | 0 47 | | 7 15 | 4 33 | 0 48 | 3 9 | 6 47 | 5 2 | 0 53 | |
| 349 | 14 | T | F | 7 22 | 4 28 | 1 49 | | 7 16 | 4 33 | 1 49 | 3 59 | 6 48 | 5 2 | 1 47 | |
| 350 | 15 | T | F | 7 22 | 4 28 | 2 50 | | 7 17 | 4 34 | 2 48 | 4 45 | 6 48 | 5 2 | 2 40 | |
| 351 | 16 | T | F | 7 23 | 4 29 | 3 52 | | 7 18 | 4 34 | 3 49 | 5 32 | 6 49 | 5 3 | 3 34 | |
| 352 | 17 | T | F | 7 24 | 4 29 | 4 55 | | 7 18 | 4 34 | 4 51 | 6 21 | 6 50 | 5 3 | 4 30 | |
| 353 | 18 | T | F | 7 24 | 4 29 | 6 1 | | 7 19 | 4 34 | 5 54 | 7 11 | 6 50 | 5 3 | 5 27 | |
| 354 | 19 | T | F | 7 25 | 4 30 | sets. | | 7 20 | 4 35 | sets. | 7 49 | 6 51 | 5 4 | sets. | |
| 355 | 20 | T | F | 7 26 | 4 30 | 4 30 | | 7 20 | 4 35 | 4 38 | 8 46 | 6 51 | 5 4 | 5 17 | |
| 356 | 21 | T | F | 7 26 | 4 30 | 5 27 | | 7 21 | 4 36 | 5 35 | 9 29 | 6 52 | 5 5 | 6 13 | |
| 357 | 22 | T | F | 7 27 | 4 31 | 6 31 | | 7 21 | 4 36 | 6 38 | 10 8 | 6 52 | 5 5 | 7 12 | |
| 358 | 23 | T | F | 7 27 | 4 31 | 7 40 | | 7 22 | 4 37 | 7 45 | 10 52 | 6 53 | 5 6 | 8 13 | |
| 359 | 24 | T | F | 7 28 | 4 32 | 8 50 | | 7 22 | 4 37 | 8 54 | 11 38 | 6 53 | 5 6 | 9 16 | |
| 360 | 25 | T | F | 7 28 | 4 33 | 10 0 | | 7 23 | 4 38 | 10 4 | morn. | 6 54 | 5 7 | 10 18 | |
| 361 | 26 | T | F | 7 28 | 4 33 | 11 12 | | 7 23 | 4 39 | 11 13 | 0 21 | 6 54 | 5 7 | 11 19 | |
| 362 | 27 | T | F | 7 29 | 4 34 | morn. | | 7 23 | 4 39 | morn. | 1 8 | 6 55 | 5 8 | morn. | |
| 363 | 28 | T | F | 7 29 | 4 35 | 0 23 | | 7 24 | 4 40 | 0 23 | 1 59 | 6 55 | 5 9 | 0 23 | |
| 364 | 29 | T | F | 7 29 | 4 35 | 1 37 | | 7 24 | 4 41 | 1 35 | 2 55 | 6 55 | 5 9 | 1 23 | |
| 365 | 30 | T | F | 7 29 | 4 36 | 2 54 | | 7 24 | 4 41 | 2 51 | 4 0 | 6 56 | 5 10 | 2 33 | |
| 366 | 31 | T | F | 7 30 | 4 37 | 4 15 | | 7 24 | 4 42 | 4 10 | 5 3 | 6 56 | 5 11 | 3 45 | |
| 366 | 31 | T | F | 7 30 | 4 38 | 5 35 | | 7 24 | 4 42 | 5 29 | 6 8 | 6 56 | 5 11 | 4 56 | |

Dr. Lionel Beale, of London, says: "Constipation has caused death. I have myself seen such a case. I remember an old lady who had been bed-ridden for years. Her abdomen had increased to an enormous size by an accumulation of fecal matter." Prevent such a horror by using Shaker Family Pills.

strong, and told my mates that it had saved my life after the doctors had given me up. You may publish what I have said, and, if this medicine helps others as it has helped me, I shall be very glad and thankful.

"And I make this solemn declaration conscientiously believing the same to be true. By virtue of the provisions of the Statutory Declaration Act, 1835 (5 and 6 William IV., c. 62).

"(Signed) HENRY PRYER.

"Declared at Landport, in the County of Hants, this 29th day of October, 1890, before me. "(Signed) J. H. KING, [SEAL.]
"A Commissioner to administer Oaths in the Supreme Court of Judicature."

Urinary Difficulties

Among the worn-out materials that the system has no further use for is a large amount of water and various salts. This must be removed several times daily, and is in the form of urea, or urine. When it is healthy, this is a limpid fluid, and flows freely through the water passages. All this saline water is taken from the blood by the kidneys, and by them sent on its way to the bladder, and thence out of the system.

All is plain sailing so far. If Nature always worked perfectly we should never be aware that we possessed any internal machinery at all. It is disease which reveals the presence of God's wonders within us.

Now, when the liver is not doing its duty, this urea remains solid instead of becoming a fluid, and is then called uric acid. In this shape it is a poison, and causes rheumatism, gout, and that peculiar and fatal wasting of the kidneys known as Bright's Disease. In this way, man dies because his urine has partially become solid, like that of birds or reptiles. Ail-

ments from this cause are so common in this country as to be alarming; and all the more to be dreaded for the reason that they are not painful. They kill without greatly frightening the patient, just as consumption does.

Then, when this uric acid unites with certain alkalies, it forms a chalky substance known as **gravel**. This lodges in the bladder, and grows by further additions, until some masses of it are as large as a walnut or an egg. These must be dissolved and passed off, or the sufferer must die. Smaller portions are pressed forward into the urethra, causing terrible pain and agony. The gravelly substance so clogs the mouth of the water passage that an instrument is often used to push it back and let the water out. And as for the larger portions still in the bladder, they must be either dissolved or crushed, if we would save life. The Emperor Louis Napoleon suffered from gravel, and it was an attempt to crush the hard stones in his bladder by instruments that caused his untimely death.

Sometimes the particles of gravel are so sharp and cutting as to tear the sides of the urinary passages, bringing blood in frightful profusion. No disease is more agonizing, and few more dangerous. The liver, kidneys and bladder are all involved. There are pains in the small of the back, and in the hips and thighs; heat and inflammation; a difficulty in making water that is simply torture; and a consequent depression and gloom of mind that has made many a brave man pray for death to end it all.

In this terrible emergency Seigel's Syrup (Shaker Extract) can be trusted. It stops the formation of any more acid poison, cleanses the stomach and bowels of the source of it, dissolves the hardened deposits in the kidneys and bladder, and promotes a

free flow of water to carry off the sand without pain.

Tracing the course of this malady to its beginning, we see that it is due to *impurity*

of the blood, caused by indigestion and dyspepsia, and it is this fact which explains the power which Seigel's Syrup (Shaker Extract) has to relieve and cure it.

My Story and Another Man's.

Early in the spring of 1871 I was thrown from a carriage and seriously hurt. The chief injury was to the right leg below the knee—a deep and ragged cut made by a sharp-edged stone. The first surgical attention given it was hasty and unscientific, yet thus I journeyed 200 miles to my home in the country. Blood-poisoning followed. Then several weeks of acute pain and exhausting fever. Then the crisis. For ten days and nights I was absolutely unconscious—I was virtually dead. The heart still beat feebly, but the mind was sunk under oblivion's sea. Of that time I never remembered anything; it is lost out of my history.

One morning I *found myself*—I was back to the world I used to live in; I saw bending over me the dear faces I used to know. The fever was gone; my head was cool and clear. My wife opened wide the windows. Oh, the bright sunshine! Oh, the sweet, warm air! Oh, the bird songs! Oh, to see the clouds of apple blossoms that glorified the old orchard! *Oh, to be alive!* to hear familiar voices once more! The experience was very suggestive. As never before I understood the Divine doctrine of the resurrection of the dead.

So much for my story. Now let me tell you another man's story, as he told it to me. He is an American, and lives at a place called Sink's Grove, West Virginia. He is a gentleman of high character. He said: "Seven years ago to-day I took my weight on the scales, in company with two or three friends. I weighed exactly 185

pounds, and was never in better health in my life. I could work without effort and sleep like a tired baby. Two months later I began to feel heavy and dull. There was more or less pain in my chest, sides, and lower part of the back. I lost my appetite, and the kidney secretion was dark, thick, and scanty. Six weeks after I was down with the dropsy. For four months I suffered like a martyr on the rack. The lightest food lay on my stomach like cold iron. There was a nasty metallic taste in my mouth, and a sickening wind came up with sometimes a sour mucus that bit my throat like an acid. My skin got yellow, and my feet and hands cold and damp. My tongue was coated. I had spells of giddiness and palpitation of the heart to that degree I expected to tumble down and die almost anywhere.

"I was in this condition five years. Every remedy I heard of I tried, and good physicians did all they knew how to do. Yet I kept slipping down the hill. Then came a cough. No cough medicine had any effect on it. People whispered, '*He's going with consumption,*' and I thought 'so,' too. But it wasn't consumption. Not a bit. My lungs were sound as a new bellows, so I found out afterwards. This is a common mistake. I threw up everything—even sweet milk. The doctor said I must get better or die, and that right away. I was now too weak to walk; I could only totter and stagger.

"A friend came in one day and said, 'You are in bad form. I wish I had

known it sooner; but I'm afraid it's too late now.' 'What would you have done?' I asked. 'I should have insisted on your taking Seigel's Syrup (Shaker Extract), and nothing else,' he replied. 'I have seen it cure lots of such cases, though none as bad as yours.' 'Let us try it even now,' I begged. We did so; one bottle seemed to do me no good. Weeks went by, and I stuck to Seigel. I began to sleep and eat a little, and was able to go out in a few days afterwards. One day, being hungry, I ate a full meal at the house of a neighbor; it was the first for months; I was afraid it would kill me. Did it? No, I felt the better for it. To-day I am as healthy and hearty as I was on New Year's Day, 1883.

'My disease was indigestion and dyspepsia, and the *dropsy* is one of its most alarming symptoms. When the liver and kidneys are partially paralyzed, the fluids of the body remain in the tissues, which is dropsy.' I tell you the ailment above all others to be afraid of is the one I had, and the only cure for it that I know of is the remedy that snatched me almost from the very jaws of death."

Thus happily ended the experience of my American friend.

R. W. S.

LONDON, Oct. 27, 1890.

Diseases of the Liver

This organ is the largest in the body, and it has half a dozen important things to do. Its chief duty is to secrete (or draw out) the bile from the blood and send it to the bowels to help digestion there. When it fails to do this as it should, then there is trouble at once. For, you must remember, the bile is a good thing in its place and a bad thing out of its place. In the bowels it is a kind of gentle, natural cathartic; in the blood it is a slow poison—and not so very slow either. When it remains in the blood we have what we all speak of as a "bilious attack." The tongue is furred; the head aches and

feels dull and heavy; we are sleepy, as though we had taken a dose of opium; the eyes and skin assume a greenish-yellow color; there is dizziness, and sickness at the stomach; cold hands and feet; spots before the eyes; a bad taste in the mouth, like the flavor of addled eggs; the rising of a sour fluid, of a pungent, biting character, into the throat; with a disgusting wind or gas; constipation; high colored urine, and dry, feverish skin, etc. The nerves are also affected, and the sufferer is apt to be cross and irritable, even though sweet tempered enough usually. The kidneys—left by the liver to do the work of both—are overloaded, which causes heat in urination and pain in the back.

Now, the main fault in all this mischief is with the stomach, which, being itself over-worked by its foolish owner, has put more work on the liver than it can do. Hence the bile has "backed" into every vein and tissue in the body. In such a state of things as this we must first cleanse the clogged stomach and bowels with full doses of Seigel's Syrup (Shaker Extract). The Syrup will then stir up the liver to remove the bile which lodges in the blood. This will relieve the kidneys, and presently we shall have the troublesome and dangerous bile either out of doors or back in its place. What wonderful yet quiet and painless power this Syrup possesses to bring about this transformation is well known to grateful multitudes who have trusted and tried it.

Sick. What a racking, tormenting kind of misery this is. Men sometimes have it, and women very often. The cause is constipation acting upon a weak set of nerves. To multitudes who thus suffer, Seigel's Syrup (Shaker Extract) has proved a help and a blessing, and sent sunshine through the clouds of many a dismal day.

Young Again at Fifty-six.

Mr. John Davis, 57 Martin's Road, Shortlands, Kent, who makes the following statement, has resided for years in the same place, which is still his home. He is spoken of by all who know him as a man of excellent character—steady, industrious, and truthful. His word is as good as anybody's, but so strong is his desire that not the least doubt should be felt by the general public as to the facts here narrated, that he went voluntarily before a magistrate and took a solemn oath to their truth, in each and every particular. It is not reasonable to suppose that a man like Mr. Davis would do this through any motive short of the commendable and disinterested one of a wish and hope that what he had to say might be a benefit to others who were strangers to him. His plain and straightforward story may, therefore, be accepted as worthy of perfect credit and confidence, and his declaration is appended below :

[COPY.]

"I, John Davis, of 57 Martin's Road, Shortlands, Kent, do solemnly and sincerely declare as follows :

"Ever since I was a child I have had a bad and disordered liver and been troubled with frequent sickness. When I was eighteen years of age I was attacked with rheumatism. It was so bad that my shoulders were drawn up and my arms so stiffly set that I had not the proper use of them. I was a good deal troubled with indigestion, but got along fairly well until the spring of 1882. Then I was seized with pains in the chest and back. In the morning I had a bad taste in the mouth, a foul stomach, and no appetite. No matter what I ate, however light it was, it gave me pain and distress. It did not seem to strengthen me as

a man's victuals ought to do; it was more like a cold and heavy load. By this time the pains in my chest and back got worse. I would cough nearly all day and all through the night, and when I coughed it was like knives cutting through me. My breathing got very bad, and everyone said it was asthma. I was away from my work a good deal, and would be laid up a week or so at a time. This happened over and over again. I never seemed to be free from colds. I got thin and weak, and was anxious about whether I should ever be well again. I went to see a doctor, and at another time asked the advice of a chemist, and took different kinds of medicine, but got no benefit from any of them. They would sometimes ease me for a little while, and then I was bad as ever. I was poulticed and rubbed with liniments and embrocations, and took cough mixtures and other stuff, but felt none the better for it. Things went on like this for three years, a half-dead and half-alive sort of way, and I expected before long the disease would make an end of me.

"One day a book was left at my house telling about Seigel's Syrup (Shaker Extract), and the good it had done. I read of one or two cases like mine, which made me think my cough and bad breathing might be owing to the state of my liver and stomach, though I had never thought of that before. At this time a shopmate of mine told me how his wife had been cured of indigestion and liver complaint by Seigel's Syrup after she had been a long time under a doctor, so I made up my mind to try it, and got a bottle from Mr. Sharrock, the chemist. After taking the first bottle I could get up the phlegm easier and

my stomach felt better. By-and-by I could eat any kind of food, and everything agreed with me. This is now four years ago, and I have never looked behind me since. I never felt so well in my life as I do now, and I walk several miles to and from my work every day. I had given up all hopes of getting my health back, but thanks to this medicine, I am quite young again, notwithstanding I am fifty-six years of age. I am a lathrender, and have been employed by a firm at Beckenham over seven years, and have lived all that time at my present address. I shall be glad to give further particulars to any one who writes to me.

"And I make this solemn declaration conscientiously believing the same to be true. By virtue of the provisions of the Statutory Declaration Act, 1835 (5 and 6 William IV., c. 62).

"(Signed) JOHN DAVIS.

"Declared at Croydon, in the County of Surrey, this 31st day of October, 1890, before me. "(Signed) S. ELDRIDGE, [SEAL.]
 "A Commissioner to administer Oaths in the Supreme Court of Judicature in England."

Rheumatism Who has not noticed how queerly things act that float upon the surface of a crooked stream or river. They hurry along where the stream is swift and straight, and then collect and stick fast where the water is shallow and slow, and in all the bends and eddies.

The blood rushing through the human body is like such a river. Any and all impurities in it are borne along swiftly through the larger veins and arteries until they get to the distant turning points where the blood vessels are small and the current is sluggish and diffused. These points are the joints of the fingers, limbs,

toes and ankles. We all know how often gout attacks the heel, and rheumatism the various joints. We will now give you the reason of this. It is part of the duty of the liver to take from the blood a certain waste product called uric acid, and send it to the kidneys, to be expelled from the body in a liquid form. When the liver is feeble or ailing and cannot do this, the uric acid remains in the blood in the form of a solid, and is a dangerous poison. The blood carries it to the joints, where it sticks fast, for the reasons we have given. Here it sets up a painful inflammation, which we call rheumatism. You perceive from what we have said that *rheumatism is one of the signs and direct results of indigestion and dyspepsia*. It may seem a strange thing to those who have never thought of it before, but the torturing agony of rheumatism in the joints and muscles is due to undigested food in the stomach. The medium or agent in bringing about this miserable consequence is *always impure blood*.

Why Seigel's Syrup (Shaker Extract) cures rheumatism will now be clear and plain; it destroys the cause. After all the customary external applications, liniments, ointments, poultices, plasters, etc., have been tried long and vainly, the Shakers' great discovery presently abates the inflammation, quiets the pain, and restores to the rheumatic cripple the free use of his muscles and joints. May we not, therefore, modestly and without boasting, claim that a remedy which does so much to alleviate human suffering should be known as widely as labor and money can extend its fame? Let the poor rheumatic take courage, and even when physicians have given up his case, try what the wise old German nurse can do for him.

These pests and nuisances are **Worms** bred by the corrupted matter in the stomach and intestines. Clear out this foul and loathsome stuff and

the worms will be carried away with it.

In children the loss of appetite, nausea, and a hard, swollen condition of the abdomen are usually the signs of the presence of worms. A few doses of Seigel's Syrup (Shaker Extract) will reveal the fact and work the cure. Mothers will also do well to give their children an occasional dose to prevent the possible breeding of these disgusting parasites.

Heart Disease When you fancy you have heart disease the chances are a hundred to one that you have no heart disease at all, but indigestion and dyspepsia instead. The heart is located almost directly above the stomach, and when the latter is inflated by the gas arising from indigestion it often presses upon the heart and causes fluttering, palpitation and faintness. Take a few doses of Seigel's Syrup (Shaker Extract) and you will commonly find you had no reason to be alarmed.

Skin Diseases In this short paragraph we want to enforce only a single point. But that point is of the utmost importance. *All skin diseases, of whatsoever name or nature, are caused BY IMPURITY OF THE BLOOD.* The skin is full of minute blood vessels. These carry the poison which is in the blood to the skin, and such poison produces an outbreak, according to what its special nature may be. Pimples on the face or body, erysipelas, salt rheum, ulcers, sores, boils, carbuncles, and every other disease—including tumors and malignant cancers—which shows itself upon the surface of the skin, signify that the blood is laden with the foul and putrid matters which are themselves engendered by indigestion and dyspepsia. Scabs in the hair, sore eyes, running from the ears, etc., come from the same cause, and can be gotten rid of in the same way, namely, by the use of Seigel's Syrup (Shaker Extract).

When that venerable woman was sixty-five years of age her skin was white, pure and smooth as in childhood. This she attributed to the occasional use of her own medicine. The coarsest skin can thus be made soft and fine. Rashes, festers, flesh-worms, liver spots, blackheads, disappear before the Syrup as a fog before a fresh west wind. Men who like good looks, and women who love beauty, will do themselves a kindness by bearing this in mind.

Female Diseases No one ever better understood the needs of her own sex than Mother Seigel. She was the faithful friend and skilled assistant of other women in their times of distress and suffering; and we can easily believe that her famous Syrup was adapted to their ills and ailments.

The hollow cheek, the sunken eye surrounded by dark circles, the sallow skin, the slow step, the want of ambition and strength, these are the sad signs of weakness in the generative organs; a malady unhappily too prevalent among our mothers, wives and daughters.

It is chiefly caused by indigestion and dyspepsia and impure blood. Seigel's Syrup (Shaker Extract) removes obstructions, cures leucorrhoea (or whites), falling of the womb, bearing-down sensations, and other disagreeable and sometimes alarming things from which women suffer so much. Two or three bottles will work a happy change, and its faithful use will soon restore to the system its former vigor. Weak nerves are put in tone again, and high, bright spirits replace mental depression and gloom.

During pregnancy the Syrup can be taken with perfect safety in 10 or 15 drop doses instantly after eating. If the bowels are very costive, an occasional dose of Shaker Family Pills gives great relief. Care should be exercised, however, to avoid violent purging.

SHAKER FAMILY PILLS

FOR CONSTIPATION AND SLUGGISH LIVER.

THE
BEST - - -
- REMEDY
FOR

Constipation
Constipation
Constipation
Constipation



THE
BEST - - -
- REMEDY
FOR

Sluggish Liver
Sluggish Liver
Sluggish Liver
Sluggish Liver

Unlike many kinds of purgative medicines, they do not make you feel worse before you feel better. Their operation is gentle but thorough, and unattended with disagreeable effects, such as nausea, griping pains, etc.

Shaker Family Pills are the best family physic that has ever been discovered. They cleanse the bowels from all irritating substances, and leave them in a healthy condition. The best remedy extant for the bane of our lives—

CONSTIPATION AND SLUGGISH LIVER.

These Pills prevent fevers and all kinds of sickness, by removing all poisonous matter from the bowels. They operate briskly, yet mildly, without any pain.

If you take a severe cold, and are threatened with a fever, with pains in the head, back and limbs, one or two doses of Shaker Family Pills will break up the cold and prevent the fever.

Shaker Family Pills prevent ill-effects from excess in eating or drinking. A good dose at bed-time renders a person fit for business in the morning.

These Pills, being Sugar-Coated, are pleasant to take. The disagreeable taste common to most pills is obviated.

Price, 25 Cents per Bottle.

FOR SALE BY ALL DRUGGISTS AND DEALERS IN MEDICINES.

Sold by A. J. WHITE, 168 DUANE STREET, N. Y.

DIRECTIONS

For Using Seigel's Syrup (Shaker Extract).

DOSE.—FIFTEEN TO THIRTY DROPS, two or three times per day, in a wineglass of water immediately after eating.

NOTE.—*Seigel's Syrup (Shaker Extract)* is put up in a very highly concentrated form; therefore the dose must be given in drops—one teaspoonful contains 60 drops. The dose is easily regulated, as one quarter of a teaspoonful is 15 drops. Parties purchasing this medicine can rely on its having as much strength as if put up in pint bottles.

The quantity may be regulated by the patient, who will bear in mind that sufficient needs to be taken to operate on the bowels two or three times each day. The blood will thus be purified, the sweat glands of the skin will be opened, and the flesh made soft and healthy as an infant's. The kidneys and liver will do their duty, and all humors of the blood will be driven out of the system, and the body purified and restored to a sound and healthy condition. The medicine must be taken *instantly* after eating, so that it will become mixed with the food while in the stomach. Commence by taking ten or fifteen drops three times a day *instantly* after eating, in a little cold, sweetened water. It is best not to take the Syrup on an empty stomach. If this does not give relief, increase the dose to thirty drops, always to be taken *instantly* after eating, so that the Syrup may become mixed with the food while being digested. It is essential that the bowels be made to move freely every day, and if the above doses of Syrup be not sufficient to effect this, take one to four of Shaker Family Pills at bedtime. It is better to take the Pills than to increase the dose of Syrup.

Shaker Soothing Plasters.

A cure for pains in the back, chest and sides. The Soothing Plasters afford immediate relief.

Our Porous Plasters never get dry, because the linen of which they are composed is covered with India rubber. They refresh the system and banish aches of every kind. This is why they are called "Shaker Soothing Plasters."

If you are troubled with a cough, with pain in the chest, use the Shaker Soothing Plasters.

Prices of Shaker Medicines:

| | |
|--|---------|
| <i>Seigel's Syrup (Shaker Extract)</i> per Bottle..... | 60 cts. |
| <i>Shaker Family Pills</i> , per Bottle..... | 25 cts. |
| <i>Shaker Soothing Plasters</i> , each..... | 25 cts. |

In case the reader cannot obtain the medicine from a local dealer, we will forward the same, free, on receipt of P. O. Order or stamps, in a registered letter, for the quantity required.

Address,

A. J. WHITE,

168 Duane Street, New York.

For Sale by all Druggists and Dealers in Medicines generally.



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SEIGEL'S SYRUP



Montgomery & Edwards, Windsor, Ills
Drugs and Medicines,
Books, Stationery, Wall Paper, Fancy & Toilet Articles,
BRUSHES, FINE SOAPS, SPONGES, &c.

Customers will find our stock complete, comprising many articles
it is impossible here to enumerate, and all sold at moderate prices.